

Asymptomatic Community Testing in Lanarkshire



Get a free COVID-19 test even if you don't have symptoms and get your result within 45 minutes.

- A rapid Covid-19 test is available for people without symptoms
- Evidence has shown that people infected with COVID-19 can have no symptoms and still spread the virus to others without being aware.
- It is important that we take steps to reduce the risk of spread from people who have no symptoms.
- Testing people with no symptoms can help stop the spread of infection and help us to return to normal.
- We are asking people with no symptoms to come forward and get tested regularly.
- Please come for testing. The testing centres will provide advice on isolation for people with a positive test. If you need help to isolate, we will be able to help you with that.

You do not need to book and test centres are open from **9:30am to 5.30pm - 7 days a week**. Find your nearest test centre by visiting:

www.nhslanarkshire.scot.nhs.uk/novel-corona-virus-covid-19



- If you test negative, you should continue to maintain physical distancing, use face coverings, avoid crowded places, clean hands regularly and self-isolate and get tested if you develop symptoms.
- If you test positive, you must self isolate immediately and you will be asked to take another test to confirm the result.
- Further advice and information on what support is available for people who need to self-isolate is available from www.nhsinform.scot

Remember

FACTS



Face
coverings



Avoid
crowds



Clean
hands



2M
Two
metres



Self
isolate



What does an asymptomatic testing site do?

Asymptomatic testing sites test people who have no COVID 19 symptoms. Evidence suggests that about one in three infected people will experience no symptoms. Testing communities will identify positive cases and prompt self-isolation will help to break the chain of transmission.

What type of tests will be used in asymptomatic testing site?

Lateral flow antigen tests (LFT) is used to test asymptomatic individuals, they deliver results far faster and do not require a lab. As such, they allow us to test far larger numbers of asymptomatic people and get them their test result faster than with polymerase chain reaction (PCR) technology.

Any positive cases will then be confirmed by polymerase chain reaction (PCR) test.

What should I do if I test positive?

If you test positive you will need to have a confirmatory PCR test, until the results of this test are known, you and your household should self-isolate. If your PCR test is positive, you have to self-isolate for 10 days. Others in your household need to stay at home for 10 days and also take a PCR test.

What happens if I test negative?

You should continue to follow the preventative measures currently recommended for stopping the spread of the virus.

You can help protect yourself, others and the NHS by remembering:
FACTS.



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