

COMMUNITY LEARNING AND DEVELOPMENT

SUMMER 2022 REPORT



LEARN HERE

Contents

Community Learning and Development Summer 2022 Report

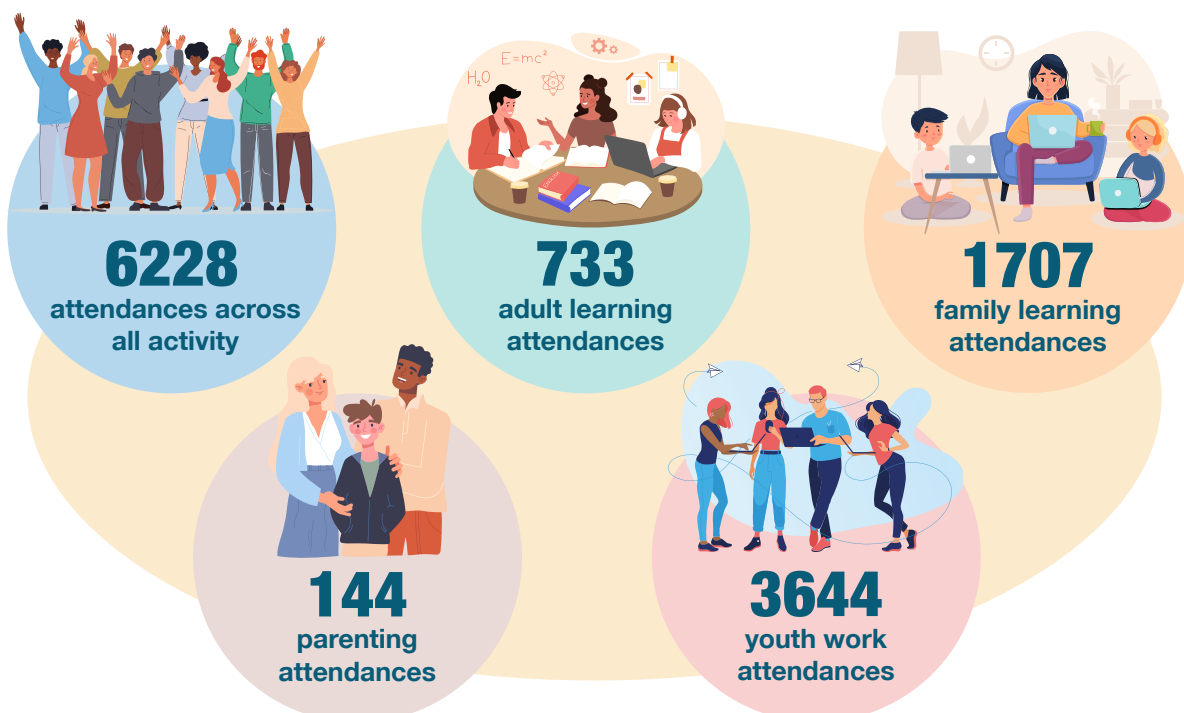
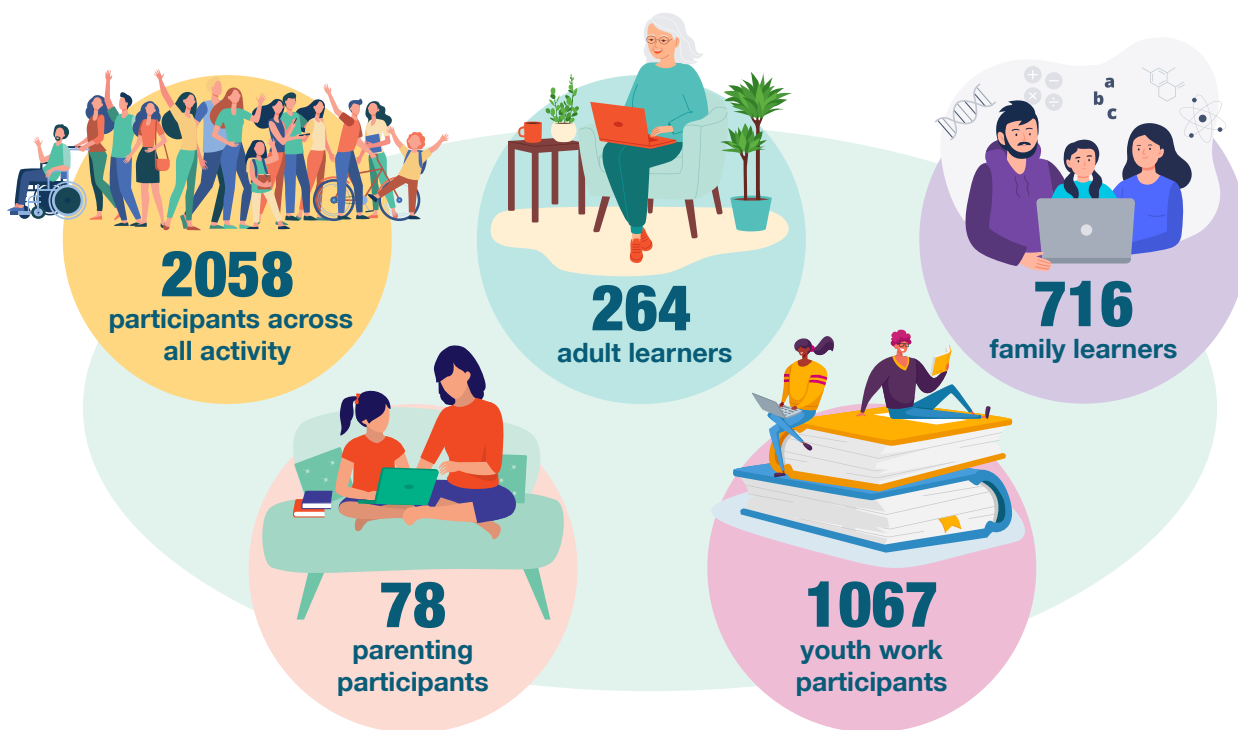
At a Glance	4
Summer of free bus travel!	5
The Big Gaelic Picnic - An Picnic Mòr Gàidhlig	6
Youth Work	8
Scottish Youth Parliament Sitting	8
Wishaw and Shotts Youth Work	9
Case Study - Wishaw and Shotts Residential	11
Motherwell Youth Work Team	13
@home Residential at Dounans Outdoor Education Centre	15
Bellshill Summer Programme 2022	16
Crohn's and Colitis Awareness Day	17
@home Music Project	18
Eco-Fest	19
Coatbridge Youth Work	20
North Youth Voice Residential	22
Pivot Summer Programme 2022	23
Saturday Night Project - Case Study	24
North area locality - Kilsyth and Villages youth summer	25
Royal Seal of Approval	26
Home School Partnerships	27
Summer School @ St. Maurice's High School	27
Bellshill HSPO Summer Evaluation	28
Coltness High School Summer Chill	30
Calderhead High School Summer Transition Schools 2022	31
Coatbridge High School	33
Summer @Brannock 2022	34
Braidhurst High School	35
St Ambrose and Buchanan High Schools	36
Cumbernauld Academy Summer School 2022	36
St. Margaret's High School P7 Summer Transitions	37
New S1 Transition Programme @Brannock 2022	37

Community Learning and Development Summer Report 2022

Our Lady's High School, Cumbernauld	38
Greenfaulds High School	39
Firpark Secondary School	39
Adult Learning	41
Motherwell Locality Summer programme 2022 – ESOL programme	41
Bellshill & Viewpark Re-Connector Event	42
Wishaw and Shotts area	42
AALF - Airdrie Adult Learners Forum	44
Connecting Coatbridge Event	45
Airdrie Cultural event	46
The Connect Youth Group Summer Programme	46
Successful Welcome Hub Event for Ukrainian New Arrivals in North Lanarkshire	47
Motherwell Adult Learning Programme	47
Summer Report North	49
Family Learning and Parenting	50
Wishaw and Shotts Family Learning Summer Programme	50
CLD Schools North Locality	51
Bellshill Summer Family Learning Programme 2022	54
Coatbridge Family Learning Team Summer Programme	55
Motherwell Locality Family Learning team	57
Airdrie Family Learning and Parental Engagement	59

At a Glance

Across North Lanarkshire, Community Learning and Development staff teams delivered an action-packed summer full of informal learning opportunities; new experiences and skills; outings and residential stays; the chance to gain qualifications; meet new people; spend time with friends and most importantly... fun!



A full breakdown can be seen in the table below..

North Lanarkshire, Community Learning and Development				
2 July 2022 - 16 Aug 2022	Adult Learning	Family Learning	Parenting	Youth Work
Distinct clients under 16	16	430	7	899
Distinct clients 16 and over	248	286	71	168
Total number of distinct clients attending theme	264	716	78	1067
Total number of distinct clients attending all themes	2058			
Total number of attendances at each theme	733	1707	144	3644
Total number of attendances at all themes	6228			

Thank you to all the Community Learning and Development (CLD) staff, volunteers and partner organisations for providing such an action-packed summer of community-based educational and fun activities, and thanks to all the participants who came along and took part!

Here are just some of the highlights from each theme:

Summer of free bus travel!



'It gives me extra money in my pocket!' That's the view of one young person who has benefitted from free bus travel over the summer. Throughout July and August, the team behind the National Entitlement Card scheme continued to promote the roll-out of free bus travel across the authority.

Over 3000 Young Scot cards and Junior NECs were issued to children and young people aged 5-22 during the summer period, taking the total number of cards issued in North Lanarkshire to over 26,000 at time of writing. New methods to support the application process were trialled, resulting in hundreds more applications, and the team will continue to develop their outreach strategy to encourage uptake. Other activities included attending youth work summer programmes and community events so that people could find out about the scheme and apply in person. Free bus travel will save families and young people money, enable people to access activities and services and promote a greener way of travelling.

One young person, who is in full time education and works part time said: *'Free bus travel has helped me in many ways. It means I can go to school every day without having to rely on forms of transport that can sometimes be a bit difficult. I use the bus to get to and from work too, and without it I think I would have surely lost my part-time job by now. Being able to rely on bus travel to get anywhere when money is tight, and I can't afford fuel is something that puts me at ease. I know many friends who wouldn't get out and be as active as much as they are if it wasn't for free bus travel. It helps young people go from A to B with peace of mind'*.

Another young person who is involved in youth work commented: *'Since bus travel was made free I have had so much more freedom and opportunity. I have gone all the way up to the top of Scotland for free, visited the Western Isles and been to places where I can explore my heritage. It has empowered me to be more environmentally conscious when travelling places and has even helped me with my cost of living, something that is so important right now'*.

More info about the scheme and how to apply is available at www.freebus.scot

The Big Gaelic Picnic - An Picnic Mòr Gàidhlig



CLD Gaelic have been communicating and engaging with followers via social media throughout the summer holidays. This has allowed members of the community to be informed of Gaelic events happening in NLC throughout summer. It also created the opportunity for community members to ask questions and/or make suggestions for CLD Gaelic.

Tha CLD Gàidhlig air a bhith a' co-phàirteachadh ri daoine air an eadar-lìon tron na saor-làithean samhraidh. Thug seo cothrom dha daoine bhon choimhearsnachd air fios fhaighinn mu dheidhinn tachartasan Gàidhlig aig Comhairle Siorrachd Lannraig a Tuath tron samhraidh. Thug e cothrom dha daoine bhon choimhearsnachd ceistean fhaighneachd agus/no beachdan a thoirt airson CLD Gàidhlig.

On the 2nd of August 2022, CLD Gaelic hosted "The Big Gaelic Picnic" at Summerlee Museum, in Coatbridge. The activities included were face painting, Gaelic storytelling, singing songs in Gaelic and playing games in Gaelic.

Air an 2mh là den Lùnastal 2022, rinn CLD Gàidhlig "An Picnic Mòr Gàidhlig" at taigh-tasgaidh Summerlee ann an Coatbridge. Bha cleasan ann: cuideigin a' peantadh aodainn, sgeulachdan Gàidhlig, òrain Gàidhlig agus geamannan ann an Gàidhlig.

The aims of the activities were to encourage children and families to use their Gaelic and learn through play. The activities were aimed for people with all levels of Gaelic. There were 3 practitioners who were observing and playing different roles, such as storytelling and singing. The main challenge faced was keeping all the children entertained throughout the day.

Bha na cleasan ann airson taic a thoirt gu clann agus teaghlaichean Gàidhlig a chleachdadh agus ionnsachadh tro cluich. Bha na cleasan ann airson duine le ìre sam bith ann an Gàidhlig. Bha 3 luchd-obrach ann a bha a' rosgadh agus a' dèanamh diofar rudan, mar ag innse sgeulachdan agus a' seinn. An dùbhlán bu mhotha a bh'ann, 's e a' cumail na clann seisichte tron latha.

We worked with Educations and families in NLC, who provided a Gaelic Activities Lead member of staff to assist with the day.

Foghlam agus Teaghlaichean ann an NLC, thug iad Spòrs Stiùraiche Gàidhlig dhan picnic airson taic a thoirt air an latha.

The feedback provided from families was verbal and overall, extremely positive. Many parents stated that they would like it to become an annual event. This highlights the success of the event and has also given the opportunity to plan ahead for future events.

Bha an ath-fhiosrachadh gu math posataibh. Bha tòrr pàrantan ag radh gum biodh iad toilichte fhaicinn an tachartas gach bliadhna. Tha seo a' sealltainn cho math 's bha an tachartas agus a tha e air cothrom a thoirt dhan luchd-obrach air na 's urrainn dhaibh a' dhèanamh ann an tachartas teachdail.

Social media plays a big factor in ensuring that people are aware of events. It is also important to ensure that there is a clear itinerary for the event, as well as ensuring feedback is taken in paper form, as well as verbally.

Bidh meadhanan soisealta a' toirt buaidh mhòr air cò bhios mothachail gu bheil tachartasan ann. Tha e cuideach cudromach gu bheil plana soilleir ann airson tachartas sam bith agus gum bi ath-fhiosrachadh dèanta air pàipear, cuideach air labhairteach.

The longer-term impact has given children and families the opportunity to improve on their Gaelic skills and utilise them in a social setting. It has improved confidence for many individuals who have different levels of Gaelic.

Thug an tachartas cothrom dha clan agus teaghlaichean leasachadh air na sgilean Gàidhlig aca agus thug e cothrom dhaibh cleachdadh iad ann an suidheachadh sòisealta. Bhrosnaich e tòrr daoine le Gàidhlig aig diofar ìre.

One parent commented: *"Thank you so much for putting the picnic on. We all had a great time! There were lots of fun things for the kids to do and it was a lovely opportunity for parents to meet also. The kids enjoyed being given the choice of arts and crafts or playing with a great selection of toys (the bricks were a big hit!!). We enjoyed the Gaelic songs and stories... that made it all very special. We also had lots of fun in the photo booth (maybe went a bit crazy ha ha!) and the kids loved getting their faces painted. I felt the event was really well organised and don't feel it could be improved on. However, a lot of parents were not aware it was on so if you are doing the event again next year (I really hope you are) it would be good to get a poster out at the end of term so parents could stick it in their diaries"*

Photos are available to view on Twitter: @NLGaelic

Tha dealbhan air Twitter: [@NLGaelic](#)

Youth Work

Scottish Youth Parliament Sitting

North Lanarkshire Hosts the 77th National Sitting of the Scottish Youth Parliament



Hosted by North Lanarkshire Council Community Learning and Development Youth Work Team, Members of the Scottish Youth Parliament, the democratically elected voice of Scotland's young people, met at Greenfaulds High School, Cumbernauld from the 1st to the 3rd of July for the first in-person sitting of the Scottish Youth Parliament since 2019.

Youth Work staff worked closely with staff from the Scottish Youth Parliament and Greenfaulds High School, as well as community facilities and catering staff to organise the event and ensure the young people and staff attending had an enjoyable and positive experience.

Derek Brown, Executive Director of Education and Families opened the sitting by welcoming the almost 200 young people and their support workers from across Scotland. During the 2 days debates and workshops took place on several issues including the future of education in Scotland, the cost of the school day, active travel, a ban on LGBT+ conversion therapy, substance misuse training, and mental health services for care experienced young people.

In addition, young people from North Lanarkshire Youth Voice groups along with CLD youth work staff had planned and prepared activities for the visiting MSYPs. A welcome evening on the Friday with games and quizzes was organised and a beach party theme on the Saturday evening consisting of BBQ food and smores as well as Karaoke, volleyball, and a disco.

North Lanarkshire MSYPs said that they were delighted to be able to host this first in person sitting back since the Covid 19 Pandemic. For the majority of MSYPs this was not only the first in person sitting, but there first sitting overall since the elections in November 2021 and it was important and wonderful to see so many young people coming together to discuss issues that were important to them.

For more information about the Scottish Youth Parliament, visit www.syp.org.uk

Wishaw and Shotts Youth Work



Responding to the needs of Young People & Identifying Participants

The team's aim was to facilitate a variety of sessions and to identify young people who would benefit from participating in the programme. The process we used to identify young people included communications with our locality partners. We consulted the Home School Partnership Officers (HSPO's), teaching staff and other locality 3rd sector partners to signpost young people who had low confidence, self-esteem, lack of opportunities or who had not been engaging at school or in their community. We also advertised places to young people through social media, leaflet drops in schools, community centres and through participants who were part of our existing groups to make the group inclusive and open to all.

The programme was delivered over 5 weeks in 4 different locations each week to provide a youth work offer in our existing connected areas.

Programme Activities

The aim of the activities on the programme were to make them diverse, open, inclusive and to offer a different theme each week that would be appealing to a wider audience. The programme was facilitated by CLD staff and the youth volunteers who have been supporting the team throughout the year in our weekly group settings.

The participants were offered High 5 awards, DYA awards and SVQ's part of the programme. Two DofE gold expeditions were also included in the programme for an open group of young people. The last week of the programme provided a residential experience which included participants from our youth volunteers, youth forums and some young people identified who would benefit from the experience.

The themed workshops took place in NCT Newmains on Mondays, Centre Point Gowkthrapple on Tuesdays, Calderhead HS on Wednesdays and Salsburgh CC on Thursdays.

Impact and Outcomes

The following National Youth Work indicators were referred to and achieved during the course of the programme:

The young people are involved with the youth work team in various roles including young leaders, volunteers and Youth Guarantee Assistant Support Worker.

Outcome 1: Young people are confident, resilient and optimistic for the future- All of the young people completed Dynamic Youth award while attending the Summer Programme. This allowed the young people to take responsibility, identify positive goals and partake in new challenges. Each of them achieved the goals set.

Outcome 3: Young people create, describe and apply their learning and skills - The young people identify what new skills or knowledge they have developed by trying new things while attending the group. A few of the young people had the opportunity to build with the Knex which they had to plan, and problem solve to reach their desired result in which they would have to try it out more ways than one. This provided them with the new skills for Science, Technology, Engineering and Mathematics.

Outcome 7: Young people broaden their perspectives through new experiences and thinking- The young people have made new friends with their peers and socialized with others from different schools who they didn't know at the start. They have successfully tried new things and excelled in doing so. The YOUNG PEOPLE who have been supporting the team as volunteers were fantastic. No task was too big for them, and they willingly threw themselves in and fully committed to each activity and led some small sessions on their own. Each volunteer registered for the saltire award we estimate that they will have accumulated at least 50 – 100+ hrs over the course of the summer.

Feedback from Learners and Families

We asked the young people the following questions at the end of each week:

What did you enjoy most?

"Working together with other people to complete tasks"

"The team games were great"

"I enjoyed going on the trip as we don't get to go anywhere during holidays"

"Making new Friends"

"The STEM sessions were really good"

What did you like Least?

"Making slime"

"People talking"

"Nothing! I love coming here"

What would you like to do at next year's summer programme?

"Go outside more"

"Have time for more team games"

"more quizzes"

"could we camp out?"

Family's Response?

"They had never been to groups much before they are more confident now"

"It's great the kids are getting to experience the activities and getting outdoors you're doing great work"

"They were tired but buzzing about what they had done"

"It's just great to see the kids get to go to groups and have activities to do"

"She loved the different activities and has learned new skills"

"I think that's the first time my boy has wanted to make something with STEM you have been a good influence"

Long Term impact

We have seen significant changes over all the young people and volunteers who attended in particular with confidence, engagement and self-esteem. Some individuals were identified through P7 transitions from secondary schools to S1 and they have benefited from the additional support offered by staff, volunteers and by engaging in the programmes. The additional 1:1 support, encouragement and tailor-made engagement has enhanced the confidence, learning and willingness to participate and engage with groupwork for the young people.

All of the young people have been signposted to our projects in the locality and positive engagement and communication has been made between the staff and families.

Case Study - Wishaw and Shotts Residential



The Wishaw & Shotts Youth work staff work closely with young people who need additional support to attend the Saturday night projects, or those who are signposted to the team from partner organisations like Made4U, CLD schools' colleagues, social work or HSPO's. The staff then identify key opportunities for developing skills, facilitating self-reflection and breaking down barriers to engaging and learning for the participants. The young people are then signposted to groups like our open DofE, youth forums or Area 29 to offer positive experiences, outcomes and awards.

Here is an example about one young man. They had been signposted to the SNP following an initial engagement with his mum at an adult learning class. His mum had highlighted concerns about his mood swings, behaviour and involvement with other young people which could lead to him getting in trouble.

When we started working with the young person at Area 29 they would frequently have outbursts and would challenge any staff requesting him to carry out tasks. Over time, he opened up more about what he was doing at nights and weekends when not in a youth project. He would tell staff about him setting fires and vandalising areas in the locality which put him at risk from harm and from the authorities. After some time spent supporting and encouraging him to think about his choices and lifestyle decisions a level of trust was built between him and the staff. The youth work staff made additional 1:1 time for him and started to build a positive relationship through good communication.



He started attending other projects offered by the locality CLD team, and he started to make friends in the projects who also had a positive impact on him. He was signposted to gaining a place on the Fire Reach programme in partnership with SFRS. This course brought about a dramatic change as he was able to experience and reflect on some of the situations that firefighters face on a daily basis.

The young person was then offered a place on our residential programme as the staff saw an opportunity to build on his engagement and offer him DYA and SVQ awards. The young person attended the residential planning phase with others who were part of the youth forums, youth volunteers or signposted over the weeks leading up to the event. He showed commitment and contributed well to the SVQ planning and preparation for the residential.

Throughout the residential, he really showed some strong teamwork qualities. He was a strong member of the teambuilding activities, and he was always on hand to support his peers through obstacles or encourage them to achieve their goals. His peers had more time to spend with him which broadened his understanding of the consequences of his past actions, and this has empowered him to make more positive lifestyle choices.

He has now committed to engage in several other youth groups offered in the local and wider locality. The young person is currently working towards his SVQ residential planning award and his bronze DofE.

Residential video link/s:

<https://www.tiktok.com/@kungphoosu/video/7131035607815425285>

<https://www.tiktok.com/@kungphoosu/video/7130270467809742086>

Motherwell Youth Work Team

After two years of interrupted plans due to the pandemic, Motherwell youth work team were business as usual this summer.



Week 1 of this year's summer programme saw 14 of our young leaders take part in a 3-day residential at Millport Field Studies Centre. The group met weekly in advance of this residential to plan and organise the programme. Each of them successfully gained a SQA qualification in "Residential Experience" and activities included:

- Team Building
- Cycling around the island of Cumbrae
- Environmental Learning
- Ad Hoc free time activities, including Music, Bingo and a Quiz.

During weeks 2 and 3, the team targeted 2 local areas where they had already been providing support in primary and secondary schools. The aim of this was to build relationships to allow further progression and engagement after the summer holidays. The programmes consisted of:

- Sports
- Arts and Crafts
- Cooking and Baking
- Reel time music workshops
- Trip to Time Capsule

The participants also took the opportunity to complete an outdoor discovery award.

During week 4, 12 young people took part in a 3-day residential to Lockerbie Manor. This trip focussed on fun, outdoor activities, including:

- Paddle Boarding
- Archery
- Abseiling
- Manor Olympics
- Climbing

Many of the participants were away from their families for the first time and the feedback was positive with some saying it was the best time of their lives.

Week 5 focussed on the senior members who attend groups, where they assisted in designing a 3-day programme for themselves that included:

- Quiz and buffet at Windmills Café Motherwell
- Treasure Hunt and picnic at Kelvingrove Art Gallery and Museum
- Trip to Eco-fest in Airdrie

In addition to the planned programmes, we continued to host our weekly drop in club for new and existing members to ensure that the required support was in place throughout the summer. Our open DofE group met weekly to take part in training that would assist them with the requirements to complete expeditions that were planned over the summer. The Youth work team also helped in the transition programme for pupils are starting secondary school.

Our summer programme came to a close with our 2nd Annual “Big Camp” held in the grounds of Ravenscraig Regional Sports Facility. Thirty young people enjoyed a barbecue, toasted marshmallows, hammocks, and music before sleeping under the stars.

Our outcomes:

- **14 young people completed SQA award ‘Residential Experience’**
- **16 young people achieved an Outdoor Discovery Award (Level 1)**
- **3 DofE expeditions took place with 49 participants**
- **Nearly 300 volunteering hours accumulated by our young leaders, with 9 meeting new Milestones in Saltire Award**
- **4 participants completed their Bronze Youth Achievement Award**

Quotes:

‘If I didn’t go to the summer programme, I would have hardly left the house, I’d have done nothing’

‘Lockerbie Manor was so much fun, I tried so many things I hadn’t tried before’

‘I loved the camp; it was the most amazing thing ever’

‘The summer programme helped me increase my volunteering hours with smiles and laughter’

@home Residential at Dounans Outdoor Education Centre

"The residential has been amazing, I've found that I need to communicate more and not to be afraid of getting things wrong, I've found that I'm great at giving others support and encouragement."

The @home Residential to Dounans project was aimed at 12x young people who had many identified needs and faced multiple barriers to engaging with school. All the young people were identified as requiring support with one or more aspects of their life such as mental health, bereavement, or difficult home circumstances.

The residential had a focus on leadership and teamwork with a particular emphasis on personal and social development.

Over the course of the residential experience, the young people took part in a range of tailored outdoor challenges to build resilience, confidence and skills. In partnership with the Scottish Outdoor education staff, we delivered a range of outdoor activities that included raft building, nightline, crate climb, exploration walking and a range of team building activities.

Using these outdoor activities, CLD youth work staff were able to build around SQA learning outcomes that allowed young people to apply their learning and skills in an informal flexible manner. *"I don't go to school, so this good way to get qualifications, rather sitting in a class, it's good to have things to put on my CV when I leave"*

Throughout the residential young people were able to reflect on their learning and were able to identify the new skills and knowledge they have acquired, one young person reflected that *"they never realised that they had fantastic leadership skills"* and another young person noted that they always thought they were scared of heights yet with encouragement from the rest of the team were able to reach the top of *"Tree climb"*. Lots of these unintended successes were witnessed by youth workers who observed a huge leap in confidence and eagerness for each of the activities.

The teamwork over the weekend ensured that young people achieved their personal goals through the challenges set, the young people gained a great deal of learning about themselves and how to work with others, improving their self-confidence.



Direct Impact:

- All of the young people improved their literacy skills – in particular sharing and building views with others
- All of young people reported an increase in confidence.
- All young people developed interpersonal and team building skills.
- All of the young people developed new skills that will be useful in their transition to work or higher education.

Accredited Awards:

- 12 young people completed SQA Residential Experience
- 12 Young people completed SQA Working With Others
- 12 young people completed Dynamic Youth Awards

Skye aged 14 said:

"This has been a great experience, I've met loads of new people and it was good to do these activities, I've never done any activities like this before. I never thought I would be able to do it, I'm so proud of Myself."

Bellshill Summer Programme 2022



The Bellshill Youth Work team provided a range of activities for young people during the school holiday period, including a Summer Programme for 4 weeks, LGBT group sessions, Media group sessions, Street Soccer, and weekend activity programmes in Bellshill, Holytown and Viewpark.

The summer programme was run along the structure on North Lanarkshire Challenge, so young people had a variety of varying activities to count towards their awards.

They took part in physical activities, volunteering activities and worked together as a team and enjoyed their adventures in the outdoors.

The programme was staffed by our workers ably helped by our volunteers Molly, Abi, Shauna and Ryan.

12 young people successfully completed the award during the programme and will be presented with their certificates in the new term.

Highlights

Some of the highlights of our Summer Programme were undoubtedly our trip away, to Fordell Firs and to Millport. The young people had great times and experiences at both the summer trips, and all took part in the activities.

The cycle around the island counted towards their NL Challenge and every young person on trip completed the cycle and the 10 miles. This was part of a whole Bellshill CLD team trip, with colleagues taking families to Largs.

Crohn's and Colitis Awareness Day

Bellshill young people and staff had a Crohn's and Colitis awareness raising day, as part of their Summer Programme, to help support our member of staff Stefanie Boyle, who lives with the ailment

Stefanie has showed how people can live with life changing conditions like these, and still lead a very full and active life.

She is a very positive role model for the young people and has featured as an ambassador for the charity and also as a brand ambassador for companies who support people the condition within sport and fitness.

The group welcomed Derek McEwan from the Catherine McEwan Foundation, who came to speak to the group, and he was very complimentary of the young people and their interest in these debilitating conditions.

'I really enjoyed meeting everyone. As a charity it is vital that we spread awareness of IBD and how we support these conditions, so the chance to speak to the group was fantastic.

I was very impressed by the kid's engagement and positive spirit. Credit to you guys for the great work you are doing with them. Keep it up!'



Bellshill Summer Programme Summary

Summer Programme - 13 sessions – 147 attended

LGBT – 7 sessions -109 young people

Media group – 2 sessions – 19 young people

Street Soccer – 4 sessions – 67 young people

Environmental Project – 6 sessions – 30 young people

Weekend Programmes – 18 sessions – over 800 young people

@home Music Project

"We were really worried and considering counselling at one point, she didn't leave the house, didn't have any friends but to see her now on stage, is amazing"



The mental health of young people has been in the news more than ever before due to the pandemic placing additional stress on their lives and wellbeing. Research indicates that 10% of children and young people have a clinically diagnosable mental health problem, around three in every class, and 20% of adolescents may experience such a problem in any given year.

The @home Music Project has given young people the opportunity to weekly sessions not only gain new skills in music but a safe and creative space to relax and meet new friends.

In partnership with Creative Services and using music as a tool for youth work engagement, these music sessions have provided a platform for positive challenges: young people are encouraged and supported out of their comfort zone. *"There is no way I thought I would be able to stand up and play in front of everyone, it was a buzz"*. The support from staff and other young people has helped build resilience, confidence and self-esteem.

"I love this, I don't have any equipment at home, lessons are too expensive so it's good to come here and let rip, it's good to get out my head."

The music project allows young people to express their thoughts, feelings, with or without words. Sometimes it's not possible to put feelings into words and that's where music excels.

"It's totally different from learning in school, smaller groups make it easier to learn and learning songs that I actually listen to."

Tailoring the learning to the young person's needs and interest has resulted in young people who have previously thought that *"music wasn't my thing but turns out I'm quite good at it"*.

Youth work staff have noticed a dramatic increase in confidence and within the workshops young people have set their own personal challenges this can range from learning a particular song to working towards singing in front of people. All young people involved in the project have noted an increase in confidence and most have stated that being involved has helped with promoting positive mental health.

"The music project has been fantastic; I've just started a band, and this will help me in my career into music"

Learner journey

"I was able to get over my fears and anxiety with the help of youth workers"

A 15-year-old young person was enrolled in the Airdrie Summer CLD Programme. She was initially referred to the youth work team by her family who were keen for them to work on confidence and build up a wider peer network.

She initially appeared as an insular and a very quiet young person, On arriving at youth work sessions, the young person was keen to be involved but often found it difficult to regulate their emotions, particularly when interacting with other new young people, they found this very difficult and has had previously had bouts of anxiety during youth work sessions this coupled with low confidence and self-esteem.

CLD staff worked with the young person on a 1:1 basis and through small group work activities with a focus on positive mental health using Living Life to the Full and various personal and social development workshops, this resulted in her feeling safer and more comfortable attending the @home Youth centre.

"The staff are supportive, and you feel comfortable talking to them"

This confidence led to this young person attending most nights of the week and had started to build a wider network of friends and developing more personal relationships with both staff and other young people. "I've made lots of friends, it's such a good environment"

Although attendance at school has been an ongoing issue, the young person has the goal of becoming a youth worker, after successfully completing the "First Steps to Youth Work Course" as part of an alternative curriculum in partnership with the local high school, and they have, with support, taken up volunteering opportunities from assisting with P7 summer Youth work programmes, to being on hand helping organise community events in the @home Youth Centre.

"My experience has taught me how to help a variety of people, Youth work is something I really enjoy, and I would like to use my skills to help others."

Through this, the young person has been able to achieve a range of youth accreditation ranging from Dynamic youth, John Muir Awards and SQA Working with Others.

She recently participated in the Airdrie CLDs residential experience overnight to Dounans Outdoor Education Centre, although at first very apprehensive, JJ shined throughout those three days, Youth work staff witnessed her being at the forefront of helping organise activities and encouraging the rest of the team to reach their goal.

On reflection at the end of the residential, she commented that they had *"amazing time, I really enjoyed this it was challenging and difficult although I only got halfway up the tree (tree climb activity) which was good for me as I never thought I had it in me, but overall, the residential I think I've got more confidence and resilience and it was really fun"*.

Eco-Fest



Weeks of planning came to fruition on 4th August when the Youth Climate Ambassadors put on their very first Eco-fest event in the @home youth centre. The aim of the day was to raise awareness of climate change and to showcase a range of planet-friendly activities. Fifty young people from across North Lanarkshire attended the event, which was also supported by partner organisations Keep Scotland Beautiful, Youthlink Scotland, The Co-Op Community outreach team and North Lanarkshire's Countryside Ranger service who all organised activities and shared their expertise with participants.

Activities included upcycling workshops, craft activities, plant stall, dairy free milk and cake bar, fruit smoothies from the pedal-powered smoothie bike, giant games, seed bombs and the creation of the 'Airdrie Hilton' bug hotel, in addition to workshops and information stalls.

The climate ambassadors received really positive feedback from participants on the day and can't wait to organise their next event.

Tamzin said 'I learned how to make bracelets and necklaces out of old magazines and string and also learned how to turn a t-shirt into a bag. I think doing all these activities helped people learn that it's easy to recycle old items and that you don't have to throw them out straight away. I enjoyed socialising with new people and enjoyed watching people visit all the different stalls.'

Mila added: I really enjoyed eco-fest and taking responsibility for certain aspects of the planning – it was a lot of fun!



Naomi Dixon, Sustainability and the Environment development Officer from Youthlink Scotland attended on the day to capture some film footage and interview the organising team. She said:

'It was fantastic to attend the North Lanarkshire Climate Ambassador Eco-Fest and see first-hand how passionate and ambitious the group are. The room was full of energy and exciting, sustainable workshops to get stuck in to, including the creation of a bug hotel, which was a highlight! It was clear to see at this event how youth work can play a huge role in supporting young people as activists, while making a positive impact on the wider community and environment'

Members of the climate ambassadors team captured the day and created lots of content for their social media channels about the event: Check it out on Twitter [@climate_nl](https://twitter.com/climate_nl) and Instagram [@nl.youth.ambassadors](https://www.instagram.com/nl.youth.ambassadors)

Coatbridge Youth Work



During discussion with locality team, it was decided that our Summer programme would be rolled out again this year. This was in conjunction with the existing term time provision thus maximising use of staff and provision of resources we could offer to the young people in the local community. Summer programmes have run successfully in Coatbridge locality for several years and are based on the needs and input of young people in terms of a positive destination, a hub for them and their friends, and opportunities they would not have out with the term time provision.

The numbers of attendees year on year including this year, speaks to the successful targeting of need. In addition, the number of returners indicates the value that the Summer Programme brings, as young people choose to come back again and again. This shows that we have the balance right for young people and is a programme that we review and 'tweak' each year to ensure that this is something the local community, specifically the young people, want to come.

This year, we devised programming around specific themes e.g., Science week- two days of science-based activities and an outing to The Science Centre. This was for 25 young people aged between 12 and 18. Arts and Crafts week is another example giving the participants the opportunity to design their own board game, in groups, and a visit to the Art Gallery at Kelvingrove Museum. Some members of the group had never visited an art gallery before. This helped young people develop their arts skills, group working skills, and opened up the opportunity of experiencing of just one of the Arts Resources within travelling distance of them, that are free.

The challenge early on was staffing, prior to the Summer Programme, this was due to continuing the existing term time provision as well. This was overcome by the staffing requests being met, and additional hours requests being granted. This meant we had the provision we needed going into the Summer Programme to make it work for young people and for staff.

Our feedback has come from young people (via our Evaluation Board) and parents via verbal feedback. The feedback universally has been that the young people enjoyed the activities on offer, and the parents were happy that their children had provision which offered meaningful, fun activities during the long summer weeks.

We measure ourselves in terms of the impact, outcomes and achievements based on the Youth Work Outcomes and Indicators. For example:

Outcome One: Young people are confident, optimistic and resilient for the future

Outcome Three: Young People create, describe and apply their learning and skills.

Outcome Four: Young People participate safely and effectively in groups.

Outcome Seven: Young People broaden their perspective through new experiences and thinking.

The key lesson from this year's Summer Programme, is again, planning in consultation with Young People, to deliver a needs-lead service. This is crucial to ensure that we are offering our communities of Young People a quality, enjoyable service, taking into account their ideas about things they would like to do. These programmes require dedicated time to plan, to staff, and to deliver. Every detail needs to be thought about and meticulously planned with the Young People in mind, which relates to Outcome Six: Young people express their voice and demonstrate social commitment.

It is always difficult to quantify what the Summer Programme means to the Young People in the Coatbridge area long term. We deliver this, hoping that the continuous contact with young people, and the relationships we build, are a bridge to our term time groups and provision. This has been the case in previous years and continues to be so now. Therefore, a young person who comes in to do arts week for instance, and during that time of relationship building we pick up issues that young person may have with confidence or mental health and can suggest our Living Life to the Full group. The summer programme breaks down the barriers that can stop young people attending term time provision because the links and relationships are already there with staff who run the term time provision and the peers that attend these groups already.

This helps us meet the needs of young people for mental health support, which we may not have detected had they not come along to the summer provision. It allows us to signpost a service in a way that is natural, young person centred i.e., it's not an adult telling them what they need, and it gives them onus and incentive to come along after the summer is over.

The summer programme is an inclusive programme open to all, and longer term provides memories and experiences for this group of young people they are unlikely to have had access to without CLD youth work provision.

North Youth Voice Residential

"Being in nature, having time with fellow workers, doing activities and learning new skills"

"I loved it, this week was difficult and the residential helped me stay positive"

"Spending quality time together away from technology"

"I loved it, but I am excited to go home and see my dog"

These are just a few of the quotes from the Youth Voice groups in the North when asked what they enjoyed about their residential experience!



The "North" area is a little different from some of the others within North Lanarkshire; it's made up of 3 different Youth Voice groups (Cumbernauld, Kilsyth and the Northern Corridor). These reflect the Community Board areas set by NLC. Staff decided to bring together the 3 groups to do some team building and forward planning for the coming months.

Auchengillan was the location of choice, with activities such as Archery and Survival Skills being part of the 3-day programme. CLD staff also ran sessions specifically focussed on Youth Voice, what this means to each individual area, and facilitated the setting of some short-term goals: these include a multicultural event, a Halloween Party and a follow up to the youth summit held in Cumbernauld in June. Another joint venture to Sky Academy has also been requested!

Archery was by far the most popular activity with the group, one young person stating they had *"always loved archery and this definitely reached expectations"*. Air rifle shooting was a close second, with some expressing that it was a *"good way to build concentration skills"*. Survival Skills was also a hit as *"learning how to build a fire is an amazing skill and it was fun"*.

The Youth Voice workshops allowed the young people much needed time to come together with a clear objective and make some plans going forward. They said it was *"good got to see other things that other people are doing"*, allowing them to share ideas and see where there are opportunities to link together. It's also *"good to talk about what we are doing"* and make plans that are clear and achievable.

"Overall, it was a very enjoyable experience, and I can't wait to do something similar again!"

Pivot Summer Programme 2022



Mental Health & Wellbeing

July 5th – 28th

12 – 3.00pm

10 – 16+ yrs

Tuesday, Wednesday, Thursday

Street Soccer - The Mugga - Kelvin Drive, Moodiesburn. (Thursday - 7 - 9.00pm)

Friday Night Initiative - Pivot Community Centre, Moodiesburn. (Friday - 5.30 - 9.30pm)

Young people took part in various summer activities within the Pivot Community Centre in Moodiesburn. Street Soccer was also available for part of the summer and a new Friday Night initiative.

Fruit, water and snacks were also provided as part of their Mental Health & Wellbeing programme during their summer break.

Young people taking the lead – young people were also involved in the planning and preparations of activities, these included some Issue Based Workshops – Conflict Resolution, Consumerism and Climate Change, Bullying, Mental Health, Youth Voice. Icebreakers, Teambuilding & Problem -Solving Games, Sports, Animation, Podcasts, Music, Arts & Crafts, Gardening, Evaluations & much more!

Some of the young people took part in some transition workshops – Fears and Expectations of going to high school.

Through young people participating in these activities this has provided the opportunity to gain confidence, take part in positive learning opportunities and have their voices heard, build relationships, make friends and contribute to their Mental Health & Wellbeing.

Further discussion has taken place with young people who never really engaged in youth work with Community Learning & Development, now with free bus travel many of the young people can come along to a youth work opportunity as before they had said that it cost too much money on public transport. CLD youth work has provided a progression route for these young people into Youth Groups, Youth Voice, Friday Night Initiative, Volunteering, and more, to further support their Mental Health and Wellbeing with a programme of activities relevant to their needs so they may thrive as young people and reach their full potential.

A great time had by all and a summer full of fun, friendships, new learning!



Evaluation - young people's comments

Street Soccer was great.

Had a fun time trying new things.

Enjoyed the animation workshops.

Learned to play an instrument.

Got to make some new friends and really liked coming to the summer activities.

Love the Friday Nights great place for young people to meet up.

Loved the summer can't wait for the youth groups to start back.

Snacks were great.

Would like to be a volunteer.

Hope we can go to the Friday night group now.

Saturday Night Project – Case Study

There is a young person who attends the Saturday night project in Airdrie. They attend an ASN school and is currently in kinship care living with extended family. They came to the project as follow up from attending the summer hubs during the COVID pandemic.

As result of the pandemic, they face many barriers including not being able to go outside, meet with friends or attending social groups, leading to isolation and impacting on their mental health and wellbeing.

Since coming along to the group, they have thrived in confidence. At first, they were really quiet and shy and tended to build relationship with staff only. However, taking part in group work activities, they have really thrived is now more confident at speaking out in a group, finishing tasks and more able to build friendships outside his peer group.

Being able to continue to attend the project throughout the summer has provide the young person to continue to get out of the house an socialise with his friends and staff, allowing them to continue to manage personal, social and formal relationship. During which they have started on completing a Dynamic Youth Award. Throughout this they have become more confident at planning and achieving their own goals, taking responsibility for tasks and working with others on group tasks.

According to the young person's aunt, they look forward to coming to the group each week and never want to miss it. It helps them have some freedom and they do not go outside of the house as they are unable to travel on their own *"it gets me out of the house for a while and lets me socialise with new people."*

North area locality – Kilsyth and Villages youth summer

Youth Summer Programme – Firereach!

Eight young people from Kilsyth, Croy, Queenzieburn and Cumbernauld attending Kilsyth & villages Youth Summer Programme 2022 came together to attend and participate in FireReach Course at Coatbridge Fire & Rescue Station.

FireReach aims to enhance and increase young people's understanding around the issues of fires; fire raising; and firefighting. Participants adopted the roles of firefighters throughout the duration of this 5-day course – further developing their teamwork, group work and communication skills.

Participants got the opportunity to:

- Explore the roles & responsibilities of Scottish Fire & Rescue Service firefighters. Everyone was issued with their own firefighting clothing/helmet/gloves and locker.
- Rescue 'casualties' from smoked filled rooms and buildings
- Rescue 'casualties' from crashed vehicles
- Operate firefighting equipment (hoses, breathing apparatus, defoliators)
- Learn about First Aid in The Workplace

At the end of the course, young people demonstrated all the skills they had developed throughout the week by participating in a 'passing out parade' which was attended by parents, family and friends. On completion, participants were also presented with a portfolio of the work they had undertaken throughout the week and the two certificate they had achieved:

- First Aid in the Workplace
- Scottish Fire & Rescue Service Employability Certificate

Feedback from everyone involved – participants, parents/guardians, FireReach staff, and CLD staff was very positive. Katie (FireReach participant) commented 'I enjoyed taking the roof off the car.... I learned how to confidently work in a team with others while under pressure'. And Abi added, 'I really enjoyed the FireReach Course, it was a good opportunity to learn new skills..... Working as a team has helped my team building skills and I'd definitely recommend the course if offered!'.



Royal Seal of Approval



Prince Edward, The Earl of Wessex and Forfar, met young people from across North Lanarkshire who are taking part in the Duke of Edinburgh Awards.

The visit took place at the Ravenscraig Regional Sports Facility in Motherwell on Thursday 30 June 2022.

Around sixty young people were present at the event where they demonstrated a range of activities, including musical orienteering, first-aid, games, camping and outdoor cooking.

The Earl of Wessex, a Trustee of the awards and a Gold Award holder, visited North Lanarkshire as it has one of the strongest community-based Duke of Edinburgh Awards activity in Scotland.

Liz Fergus, Community Learning & Youth Work Manager, said: *"The Earl of Wessex and Forfar was genuinely interested in our approach to delivering the programme and the ways in which we support our young people. His Royal Highness asked us about the challenges we faced in keeping the programmes going throughout the pandemic."*

"The Earl also congratulated us on our recent success in winning the Youthwork Team of the Year at the Youth Link Awards."

In the past two years in North Lanarkshire there have been 363 new young people taking part in the awards programme and there have been 145 full awards achieved.

The council is committed to removing any barriers to participation in the award that young people face, such as cost, equipment and transport. Young people aren't charged for taking part in the awards programme in North Lanarkshire.

Laiba Khan, a pupil at Braidhurst High School who has recently completed her bronze award and is now going for silver, said: *"The Earl asked us about the games we were taking part in and if they were very competitive!"*

Shiza Ali, a pupil at Taylor High School, added: *"The Earl asked us how we enjoyed taking part in the bronze award and if we were enjoying the expeditions."*

Another group of pupils shared their experiences of an overnight canoeing expedition on Loch Lomond and of camping on one of the islands on the loch.



Home School Partnership Officers

Summer School @ St. Maurice's High School



The week before the school term was over primary seven pupils from the St. Maurice's cluster spent two days of their holidays attending summer school. These young people needed additional support with their transition from primary school to high school.

They spent the two days getting to know each other and some staff who had kindly volunteered to support them during this time of change.

We had a jam-packed two-day programme which included a chat about anxiety with the school councillor. An MVP session delivered by senior pupils, STEM activities, additional information about their Young Scot cards and a whole group art activity. On both days the young people also got the opportunity to experience the science classroom doing a biology and a chemistry experiment thanks to the generosity of the science teacher who came along to help out.

On the last day the young people were asked to complete the following question "*Summer school has helped me to*". The feedback was very positive with everyone's comments being about making new friends and feeling more confident about starting high school. Mission accomplished.

Bellshill HSPO Summer Evaluation



Background

The P7 – S1 summer programme is designed to target vulnerable pupils and aid the smooth transition from primary to secondary school. The programme ran during the first full week of the summer holidays. Prior to summer school an enhanced transition programme ran every Thursday for 5 weeks during term time to support pupils with additional support needs, school attendance issues and those pupils that the primary school's thought could do with some extra support to make a successful transition. The Home School Partnership officer (HSPO) runs these sessions with the PT Support for Learning. At the end of the 5 weeks all pupils were invited to the weeklong summer holiday programme. The HSPO contacted each associated primary school head teacher for additional referrals and a total of 20 targeted pupils attended throughout the week. Those pupils who were coming to Bellshill Academy from out with the catchment area were also invited.

Aims

- To build relationships with vulnerable pupils
- Allow the pupils to get to know the new school building
- Make new friends
- Take part in activities
- Feel more confident about starting a new school
- To allow parents to take part in a family learning event to allay any parental fears around the transition

Programme delivery

The programme ran for a week during the summer holidays and was of no cost to the young people who attended. Each child was provided with a free lunch each day. We had 3 days in school with young people taking part in a range of innovative and engaging activities including physical education, drama, arts and crafts, cooking and team building. A trip to Auchengillan outdoor centre was organised where the young people took part in abseiling, archery and team building. On the Friday we had a family learning day where all parents were invited into the school for a family quiz and had an opportunity to ask any questions about the transition. Parents also saw their child receiving their first certificate

from Bellshill Academy. This concluded with tea, coffee and cakes for all where parents could chat in a relaxed environment to the HSPO and the CLD Support staff. Parental feedback was excellent and showed that parents relished the opportunity to have time to discuss any issues and see round the new school.

Partnership Working

The success of the summer school is down to the effective partnership working with parents, pupils and teaching staff to ensure young people receive the right information and the most vulnerable young people are included from the outset. In terms of delivery, the HSPO coordinates an innovative learning programme that has the right balance of specialist staff, teaching staff for PE and Drama, CLD support staff, youth work team and YMCA youth work staff. The support from such staff is invaluable to providing a positive group work experience by breaking the pupils into smaller groups led by senior pupils and support staff. Partnership with senior pupils is vital, they act as youth leaders and positive role models and by volunteering their time through the programme they gain Saltire Awards. At the end of the week youth work staff gave the families details of the Youth programme running in Bellshill throughout the summer, giving the pupils the opportunity to engage on more free activities and trips. Effective partnership is also achieved by working with the school and CLD who joint fund the programme.

Accreditation

Each S1 pupil who took part in Summer School will receive a Dynamic Youth Award. This will be completed when the pupils return to school in August. All senior school helpers who acted as youth leaders will receive a saltire award for their dedication and commitment throughout the week.

Observations

Summer school at Bellshill Academy was a very successful week. We targeted the right pupils who needed the most support and built excellent relationships with them and their parents. Most of these pupils will now work with the HSPO in the S1 nurture groups when the school returns in August. We had pupils who have had extremely low attendance in P7 attend from most of the week and they came with their parents to the family learning day. Getting off to a good start at secondary school is key to success and from the parent and pupil feedback we can see that this programme facilitates this.

Some Pupil Evaluation Comments:

I am more confident and feel settled in already. It is a great school, and the staff are great too

I know how to go round the school by myself

I can go to high school much more confidently now

I can now walk into the school with confidence in August and not be scared

I am ready for high school and the experiences it brings

I am more confident to try new things, I am looking forward to coming to Bellshill Academy

I have made lots of new friends

Some Parent Evaluation Comments:

My child and I both feel happier about high school thanks to the summer programme

My child is now ready to take on the challenge of high school

My child is much more confident about starting in August, she feels better about attending and I think she will thrive at secondary school

My child can look after themselves and be more responsible, he has made lots of new friends and doesn't feel as nervous

After taking part in summer school my child is more than ready to start high school

Coltness High School Summer Chill



The leadership team at Coltness High worked with the Home School Partnership Officer to plan a transition project over the summer. The Summer Chill Programme was set for Tuesday 5th July, Wednesday 6th July, and Thursday 7th July 2021 within Coltness High School. This years' referrals came through Primary information to the SfL, Pupil Support and DHT Pupil Support. From this list 30 young people were invited.

We had 8 S6 pupils as Volunteers and 2 members of staff on duty every day, with visiting Teachers, Project Workers and Partners delivering inputs throughout the days. From 30 invited, 20 confirmed attendances an average of 16 pupils attended each day of the Summer Chill. These young people were divided into two groups to allow for more individualised support, learning and participation. A full Risk Assessment was carried out.

Feedback from Participants

At the end of each day, participants completed an evaluation at the Evaluation Station. Every single session and activity was rated highly with Speed Stacking and SFX Make Up coming in top position for the number of positive statements.

Thanks go to all the staff, partners and young leaders who helped make the summer a success.

Calderhead High School Summer Transition Schools 2022

Dates of Summer School: Tues 5th & Wed 6th July

Timing: 10-3pm

Summer School Aims:

- To participate in a two-day programme at Calderhead High School
- Build up new friendships
- To try out new activities
- Learn new skills
- Have fun
- Gather more information for Pupil/ Learning Support Staff

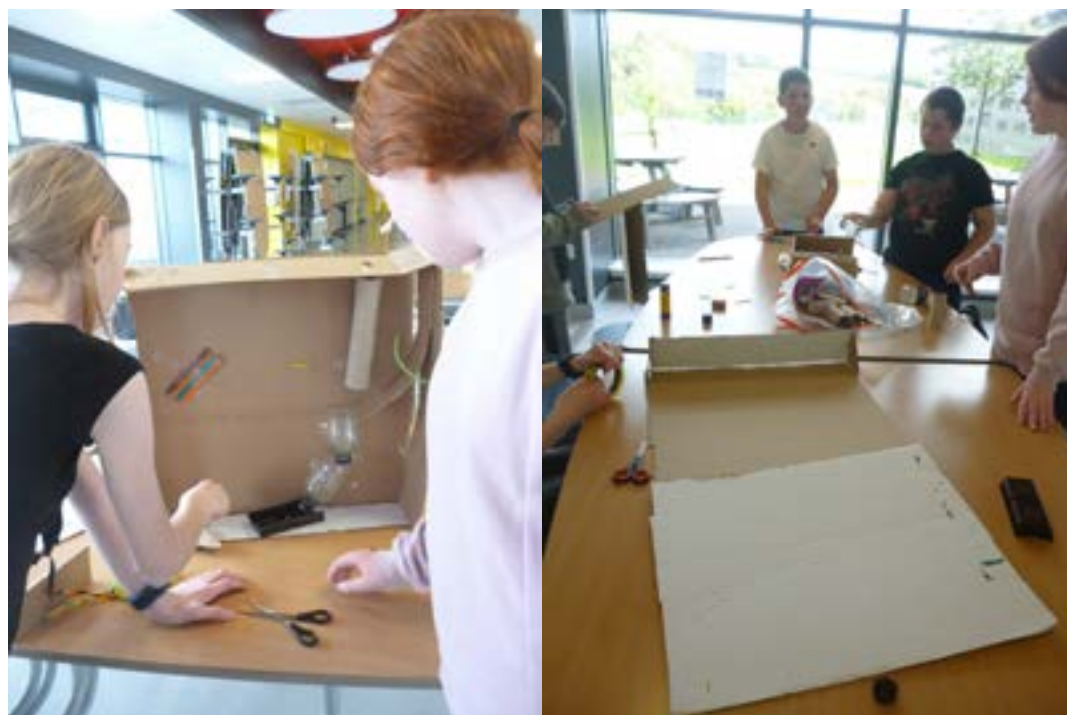
The outcome of the Summer Chill is to offer activities during the transition period for P7 pupils, and the programme is planned and organised in a creative way to encourage sustained learning in a fun and imaginative way.

The programme will be also flexible to take into consideration the participants difficulties both educationally, socially and behavioural

The group will become successful learners as they will be directly engaged in the various activities/workshops, experiencing and practicing their newfound skills and becoming confident individuals.

In working in teams, the young people will undertake various roles and responsibilities that will involve supporting and helping each other while also improving their personal skills. By doing this the participants will act as responsible citizens working collectively in completing tasks while also respecting and including each other's opinions.

This will be achieved through a detailed programme of events.



Staff Involved:

HSPO- lead and two S6 Pupils (volunteers)

Summer Chill Timetable					
	10-11.00am	11-1pm	12-1pm	1-2pm	2-3pm
Tues	Welcome and Teambuilding	Team building		Mini Zoo	Minnie Beast Art Workshop
Wed	Ice breaker/ Intro to nature Nature walk and find	Den making		Games in PE Hall	Art Workshop Making duck quacker/fairy door, bird houses and leaves

Feedback from Participants

Feedback each day from the participants is that they enjoyed the 2-day programme especially the mini zoo and that we changed the programme to include some sports. They said that they were looking forward to coming to the high school and it was good to come into the school again to get the feel of it gain one said she was excited and wanted to become part of the pupil council.

HSPO Perspective

Having a budget was beneficial as it allowed me to poverty proof the programme of transport/activities/snacks and in addition, I was able to take a more flexible approach in planning for those activities e.g., Mini Zoo man

I was a bit disappointed at the numbers especially as I had more participants confirmed but the programme went smoothly, and the participants enjoyed themselves.

Transport worked well it was a good opportunity for the young people to practice getting transport from their designated bus stops.

The participants were great, and I collected lots of information for pupil support/learning support

The 2 volunteers seniors were brilliant and had lots of patience they took the lead in the games and showed great leadership skills

Participants from the Summer Chill will be referred for nurture groups and buddies

The HT and Pupil/Learning Support Dept will have a copy of the Summer Chill evaluation.

Coatbridge High School



Coatbridge High School ran a 3-day transition programme this year in the final week of July. It ran with a range of activities and workshops being provided to young people attending. The programme was targeted towards young people who may struggle with transition to high school due to social & emotional difficulties. The programme was delivered by CLD staff, teachers, support staff, volunteers and workshop providers. This provided a cohesive approach to how the week was run with strong relationships with the young people being formed

The aim of the activities provided were to improve confidence held by young people, allow them to form new relationships

and to allow them to participate in groups. The overall outcome of the week was to ensure those coming felt more comfortable about starting high school.

Over the 3 days a total of 25 individual young people attended with efforts being made to engage with all families of those participating. Each day had different group workshops with larger activities at the start and end of each day. They included: Team sports, Cooking/Baking, Clay model making, Tie-Die rucksack making, Rugby, Comic book making and Animal handling. Larger activities involved team challenges that allowed young people to get to know each other and work together.

Evaluation

The programme was received positively with almost all young people attending rating the week 4 out of 5 or higher. Workshops were highlighted as the best bits with the most popular being cooking and animal handling. Almost all young people now stated they can cook or bake now which they couldn't do before. Increased amounts of young people stating they can socialise and talk more freely now also.

Key Quotes

"I can talk to other people that I wouldn't be able to before"

"I can talk to other people more confidently"

A considerable amount of young people also stated they felt more prepared for school now due to increased awareness of classrooms and school building. Crucially some young people also felt better because of new friendships with one young person stating "I feel better cause I've made a friend"

In small focus groups at the end of the week key messages came out including:

- Almost all young people also highlighted that their confidence had grown due to meeting new friends and senior pupils/school staff.
- Some said it really reduced how anxious and nervous they were about coming to high school.
- Almost all said they would recommend it to other young people due to it being fun, helping you grow in confidence and giving you the chance to make new friends.

With such a valuable programme being provided, young people were also asked what could make it better. Nearly half stated they wouldn't change anything with the other half stated they wish it had been longer. Efforts will be made next year to lengthen the programme and identify resource to do this.

In the long term this programme will reduce the number of initial difficulties young people will face when starting S1 and allow for increased levels of resilience going forward.

Summer @Brannock 2022



Young people who are Looked After Care Experienced, Additional Support Needs, SIMD 1&2 and Pupil & Family Support pupils can become vulnerable during the school holidays. As these pupils are mostly out with the school catchment, they can experience isolation from peers and be negatively impacted from missing out on the routine that school offers. Subsequently, the return to school after the summer holidays can be difficult, bringing anxiety or even reluctance to return. Those impacted by poverty can also experience isolation and disengagement over the summer period with little or no opportunities to access holidays, days out and holiday hunger.

In partnership with, local volunteers, voluntary organisations, businesses and service providers teaching staff, Active Schools, Police Scotland, Scottish Fire and Rescue, Landed and Summerlee Museum, we provided a free programme for pupils every Tuesday, Wednesday and Thursday in July. The programme offered a wide range of learning and social opportunities and focussed on mental health, physical wellbeing, keeping safe and staying connected.

There were also opportunities to leave campus with trips to Strathclyde Park Outdoor Education Team, M&Ds, and day out at our community woodland doing some forest school activities.

A favourite activity as always, was cooking. Our Community Champion, Angela led the sessions making healthy and delicious lunches of chicken nuggets and pizza.

The feedback from participants and carers was highly positive and highlighted some of the positive impacts and benefits of the summer programme.

"It gave Shae routine, got him off screens and meeting with friends. We would have found summer difficult without it"

"Thank you again, Jamie enjoyed another year of summer programme. So much done with them and no cost to us as grandparents is amazing. Thank you again, it's a great programme for 4 weeks of summer, getting him out of the house in the morning"

"Paul's social skills are improving immensely, and the summer programme is brilliant at keeping him in touch with his peers over the summer and all the activities have been of real interest to him"

"I had the best time ever. I loved the cooking especially"

"I enjoyed all of the activities and spending time with my pals"

"Really enjoyed everything, especially the outings"

Braidhurst High School



Braidhurst High School hosted its annual Summer Transition Programme on Monday 8 August and Tuesday 9 August. A group of twenty young people took part in a wide range of curricular activities including Science, Trampolining and healthy cooking. We also worked in partnership with Beats of Brazil to deliver a samba drumming and dancing workshop. Young people also took part in a Circus Skills workshop with staff from Getting Better Together.

The Summer Programme helps ease the transition from primary to secondary and gives young people the opportunity to meet new friends, meet key members of staff and find their way around the school building before the start of term.

David Gardiner, Acting Head Teacher said, *"The Summer Programme is a key element of our transition programme and supports our most vulnerable and anxious pupils to make the move to Braidhurst High School an enjoyable experience."*

One young person commented, *"I'm so glad I got the chance to take part in the transition programme with Linda because I met lots of new friends and feel more confident about starting high school now."*

The pupils and families were supported by Linda McGurk, Home School Partnership Officer, CL&D and a large group of school staff.



St Ambrose and Buchanan High Schools

Summer transition sessions took place in St Ambrose and Buchanan High Schools. As part of these, families were invited to participate in fun packed family treasure hunt sessions.

In St Ambrose HS, 29 families attended with a total of 84 participants and in Buchanan HS, 13 families with 54 participants.

The format for the treasure hunts was the same within both schools. Each family was registered as a team. They were given a clue that would lead them to a department where they found a letter to record. The aim was to unscramble the letters at the end to make a phrase. Each team then took part in a fun family activity loosely related to the department they had just found.

The aims of these sessions were:

- To allow young people and their families the opportunity to familiarise themselves with layout of the school building
- Increase their confidence in relation to starting high school in August and alleviate any anxieties
- To allow families have to fun working together in teams

Feedback from the Family Treasure Hunts included:

'Fun experience, well organised and reassuring for kids and parents.'

'Excellent communication about the day beforehand and well organised on the day.'

'Treasure Hunt was a great way to find out where things were in the school!'

'We got to see the school more. We feel more comfortable about coming here in August.'

'Great tasks, fantastic opportunity to see around the building, super well organised event – well done!'

Cumbernauld Academy Summer School 2022

Cumbernauld Academy's summer school ran from 4th to 7th July 10am till 3pm. There were 40 places which targeted young people who had been identified by primaries who would need support in transitioning to Cumbernauld Academy and the LCSC.

Staffing at summer school included senior pupils, teaching staff, the campus police officer and HSPO. The programme offered Monday to Wednesday was designed to increase young people's confidence, self-esteem and offer them the opportunity to take in a variety of activities. These included climbing wall, trampolining, healthy cooking, team games, art activities, music workshops and treasure hunt.



The Thursday was a trip to Blair Drummond safari park. Feedback from young people was very positive saying they loved meeting new friends, getting to know senior pupils and exploring school when empty.

Following on from summer school some of the same young people will be offered the opportunity to take part in a number of groups including the North Lanarkshire Challenge.

St. Margaret's High School P7 Summer Transitions



P7 pupils from the St. Margaret's cluster were invited along to the school for two days during the summer holidays. These young people were identified by their primary Head Teachers as needing extra support with their transitions to secondary school.

Along with the HSPO and Learning Support Staff from the school, who had kindly volunteered, the young people spent the two days working together in teams to help build relationships with each other and the staff. These included a daily head-to-head STEM challenge and a treasure hunt to help navigate their way round the school building. We also took advantage of the fine weather and went outside to play more teams games including football.

The young people also experienced being in a technical studies classroom with a teacher supporting them to make a keyring using a various machines and methods. This gave them the opportunity to participate in a practical subject in a new and exciting environment with a new teacher.

There were no surprises when the treasure hunt and the football were the highlights for day one and the technical classroom activity was the favourite on day two. Everyone enjoyed their two-day experience at summer school and are now looking forward to starting high school feeling more prepared and less anxious.

New S1 Transition Programme @Brannock 2022



From 9th – 11th August we welcomed some of our new S1 pupils. Again, using a wide-reaching variety of local partnerships we were able to provide a varied programme designed to support LCSC and Enhanced Transition pupils with the prospect of starting high school, socialising with new peers getting to know a new building and routine.

Workshops included Digital Illustration where they learned a new skill and working with technology, Healthy Cooking, Relaxation, Mental Health and Robbie from Landed led a workshop on e-cigs and vaping which got some great discussions going! Senior pupils also provided an interesting and informative Q and A session and a guided tour of the school. We rounded off the week with some outdoors learning at Forest School Day in glorious weather.

Parents offered positive feedback, saying that they felt the programme had come at just the right time, as anxieties were kicking in and that it had given their children the confidence-lift and reassurance that they needed in the week before starting school.

Our Lady's High School, Cumbernauld



Eighteen young people from across our associated primary schools as well as primary schools out with the catchment area took part in Our Lady's High School Summer School. The programme took place after school over four afternoons.

The aim of the Summer School was to ease the transition for primary to secondary school and the programme was targeted at young people that might struggle with the move up to secondary. The HSPO and the DHT worked very closely with the primary schools to identify young people that would benefit from attending the programme.

The programme was structured so that the young people had the opportunity to spend time in school within a small and quieter group setting, meeting peers and spending time together without the noise and bustle of everyday life in a high school. They also enjoyed being supported by some of our S6 mentors and they liked getting to know and spending time with the S6's. The young people took part in lots of fun activities including sports, IT, science, technical, music, a treasure hunt, Reeltime Music sessions and on the final afternoon we all went on a trip to the bowling. Valuable time was spent with staff members including the HSPO, teaching staff, ASNA staff member, PT Support for Learning and they also met the janitors and clerical staff.

The participants reported enjoying spending time and exploring their new school. The long-term impact is that the HSPO and the wider school community will continue to support the young people in school where they may be asked to join a group or work with the HSPO individually. They will also complete their Hi5 Award. Feedback from the young people and staff was positive everyone had fun during Summer School.

Greenfaulds High School



32 pupils from the 6 associated Primary Schools attended a weeklong summer school at Greenfaulds High School. Pupils were identified as those requiring additional support with transition by the HSPO, who had been out working with them in their Primary Schools all term.

Pupils took part in a wide range of activities in and around the school to help with their self-confidence, social skills and to help them settle into the school and school life. They did science experiments, took part in a Lego challenge, arts and crafts, animal handling, clay modelling, sports, pond dip, scavenger hunt, woodwork, water sports and archery.

The pupils all made new friends and reported feeling much more confident moving around the building. They built good relationships with the staff involved and we organised blazers and ties for those who needed them. Hot meals were provided for the young people each day.

The HSPO will continue to work with these young people and their families as they settle into high school through small groups, 1:1 and parenting groups. The pupils will also get the opportunity to gain their Hi5 youth accreditation.

Firpark Secondary School



Summer Transition Fun Day 2022

Firpark Secondary hosted its first Summer Transition Fun Day on Wednesday 10 August. All new S1 pupils were invited to take part in a wide range of activities including Circus Skills, Beats of Brazil Samba drumming, arts and crafts and healthy cooking.

The Summer Transition Day helps ease the transition from primary to secondary and gives young people the opportunity to meet new friends, meet key members of staff and find their way around the school building before the start of term.

Brian Gilmour, Depute Head Teacher said, *"The pupils had a great time and I think it was massive in terms of helping them to relax a bit before they do it 'for real' next Wednesday. I think it was also great for the parents/carers. Thanks to all for facilitating a brilliant day and to Linda for her first class organising. I'm very certain we will reap the benefits of this in the year ahead."*

One young person commented, *"I've loved being back in Firpark Secondary and meeting my old friends and some new ones."*

The pupils and families were supported by the Home School Partnership Officer, CLD and a large group of school staff.



Adult Learning

Motherwell Locality Summer programme 2022 – ESOL programme

Throughout the summer Motherwell Adult Learning team continued to provide ESOL classes for all learners and this year prioritised lessons for Ukrainian adult learners. The aim of these classes is to give our participants the opportunity to learn the vocabulary that will enable them to integrate successfully in their new surroundings. While the focus is on speaking, listening, spelling, writing and reading, we also continue to offer SQA qualifications for our higher-level learners. The face-to-face delivery of these sessions also gives the learners the prospect of making new friends and the chance to meet with other nationalities who currently live in the Motherwell Locality.

The learning outcomes for this programme include better speaking skills, increased vocabulary and spelling skills which will be necessary in their daily interactions. Participants have enjoyed the relaxed atmosphere of the classes and the chance to practise using English in a variety of role plays.

The key lessons from the summer programme are that the needs of our participants are not seasonal and are necessary throughout the year. In addition, summer term is probably the best time of year to organise activities outside of the class environment and give learners the chance to use their new skills. The longer-term impact of the activities provided may ensure continued engagement with our adult learning and the opportunity of participants to gain SQA ESOL Qualifications.



Participants Comments:

"I really enjoyed the English class. I learned about English grammar, and it was really helpful for me because I want to speak properly. It gave me more confidence and I can speak English more bravely. I would be happy if I have more English classes." **Franciska**

"I enjoyed learning English. I like that the teacher is patient and explains us simply. I want more lessons in English"
Maria

"I am reading in ESOL class. This is good class. I am feeling good. I need 3 classes per week." **Nasreen**

"I like working in this class but unfortunately 2 hours per week is very little. I need to pay more attention to my speech."
Uliana

"I can write and spell my name." **Abed**

"In my ESOL class I learned to write and spell my name and address, to tell the time and to talk about the weather."
Wai Fong

Bellshill and Viewpark Re-Connector Event

"I enjoyed Interacting face- to-face with various people and sharing important information"



The aim of the Re-Connector Event was to unite all local services and learners from the Bellshill & Viewpark locality.

Adult Learning had recognised that services and service users had become detached because of the COVID 19 Lockdown. The learner feedback highlighted an appetite to address this detachment and begin the process of re-uniting learners with local services.

The Adult Learning team in North Lanarkshire aims to create new and increased positive pathways which are created in collaboration with community-based adult learners and partners.

In total there were 22 services present at the event ranging from Strathclyde Police and Strathclyde Fire Brigade, Routes to Work, VANL, North Lanarkshire Council – Active & Creative Communities, MacMillan Cancer Support and the DWP.

"I liked chatting to people who came along and also to the other partners there"

The hot sunny weather on the day which may have had an influence on the numbers attending. We'd aimed for 50 members of our community to attend and on the day we welcomed 35.

In future we will be looking to access and create a web page for Adult Learning on the NLC website and promote similar events more effectively on social media.

Feedback gained from participants on the day indicated that most people would like to see more frequent events of this nature, while feedback from service representatives indicated that they appreciate how well organised and facilitated the event was.

The plan is to have another event in January 2023. Feedback from Residents and services has been that they want to do networking events to get more familiar with the services available in their local area.

Wishaw and Shotts area

This summer the CLD Adult learning & Resettlement Team in the Wishaw / Shotts were involved in a number of positive activities with local learners.

Discussion with learners prior to the end of term found that the newly formed Harthill Wanderers discovery award group were keen to develop skills around first aid with many having caring responsibilities for family members across a wide age range from children to older adults. Discussions found the group were not confident in helping someone if they had an injury or in dealing with an emergency. All felt that they would like to be better prepared in being able to deal with an emergency should it arise. The group which has just began working towards their bronze award were keen to develop these skills, build activity which supported their work towards the discovery award and gain a qualification. The group were also keen that the opportunity could be offered to others in the local area and were proactive in sharing the opportunity within the Harthill area.



In order to support the group with their personal and accreditation goals CLD adult learning worked in partnership with Nevis4 Outdoor Adventures to provide training for a recognised first aid qualification. We opened this up to others in the Harthill area and as such had a mixed group of discoverers, mum and toddler group carers and local community members seeing 13 learners achieve a recognised first aid qualification by the end of the course.

A great day was had by all involved with hands on practice in relation to CPR for both adults and children, dealing with choking, burns, seizures, head and limb injuries.

Learner evaluations

Learners evaluated the course both at the end of the day and online with comments as follows:

"I have 6 grandchildren so it will come in handy. It's gave me a lot more confidence and also the chance to save lives."

"Enjoyed this group – felt it would be really helpful to enable me to cope in various situations in emergencies."

"It's so helpful and useful and very handy to know. Enjoyed the class so much."

"Well organised and very well presented. Very informative and I hope to use what I've learned in childcare."

"Was a great course, now confident in dealing with injuries."

"The course was easy to understand and very informative. I now feel I have the ability to save someone's life in an emergency."

Evaluations and discussions after the course showed that all learners felt their confidence had increased in relation to dealing with emergencies and injuries. Some learners told us that they felt this would assist with either volunteering or employment. Everyone vocalised that they were delighted to have achieved a qualification and felt they could use what they had learned with family and friends if required.

Other adult learning summer activity in Wishaw / Shotts locality included:

A deaf awareness & BSL fingerspelling session

ESOL provision which welcomed a number of new Ukrainian learners to the area and the group.

Shotts men's space group which continued over summer with a joint activity day with Motherwell men's space group to Wiston Lodge in Biggar building confidence meeting others, participating and supporting each other with outdoor activities and developing bushcraft skills.

AALF - Airdrie Adult Learners Forum



AALF - Airdrie Adult Learners Forum members worked together to provide summer activities for adults and their children with additional support needs. Their aim was to provide adult time over the summer where the parents and siblings of children with additional support needs have time for themselves.

The group joined up with The Menspace group to enjoy a walk to the park for sporting activities and games. The Menspace group led on these activities football, outdoor games etc A finger lunch was provided for all in Chapelside centre by group members, this utilised their REHIS certificates that they recently gained.

The children enjoyed the outdoor morning session *"I had fun playing with my friends "* *"it was cool to play games with the Menspace group"*

The afternoon session consisted of holistic therapy taster sessions for the adults and arts and crafts for the children. Reiki, reflexology and Indian head massage were on offer enjoyed particularly by the Menspace group. This activity was chosen due to its health improving qualities and the relaxing effects it has on mental health.

"I've never had anything like that before it was so relaxing" "I never knew what Indian head massage was, that was brilliant " *"after that reflexology session I feel so chilled"*



Various arts and crafts were also enjoyed by the children and adults

The joint AALF and Menspace trip to Blair Drummond Safari Park was a fantastic day enjoyed by all. The group toured through the animal reserve by coach to see a variety of animals. They attended talks on sealions, giraffes, penguins, watched the chimps being fed from the keepers' boat and attended the birds of prey display to see the vulture fly to name a few of the activities enjoyed.

The children said *"I've had an amazing day" "loved playing with my friends in the swing park" "I loved driving through the lions and other animals and playing in the swing park" "the whole day has been great, fab, amazing and I would like to do more things together"*

From a Menspace participant: thank you so much for an amazing day we never had any money when I was young and never ever got to go on day trips like this. Both financially and because of my mother's illness. I never thought I would be able to see an actual lion or tiger in the flesh and now I have. I also have never been on a boat before (not sure if a pedalo counts) but that's another first for me. It has been a great tonic for my mental health to have such an enjoyable day with good company I can't thank you all enough.

This has highlighted the important role Community Learning and Development plays in providing learning activities for all adults throughout the year especially the parents of children with additional support needs where it is hard for the parents to get time for themselves. The activities also have a positive impact on people's mental health

Connecting Coatbridge Event



Since returning to face-to-face delivery following the Covid Pandemic Coatbridge Adult Learning were inundated with sign-posting requests from learners.

This was magnified due to the cost-of-living crisis which learners were concerned about.

A Coatbridge CLD working group was set up to ascertain the most effective way to get information to residents and enable networking among partners. The working group consisted of Adult Learning, Family Learning, Youth Work and Home School Partnership Officers.

Following a consultation with learners and partners it was agreed that the best way to get information to local people was to arrange an Information and Engagement Event.

The Connecting Coatbridge Event took place on 3 August in Coatbridge Community Centre with the following aims:

- To enable residents of Coatbridge to know and understand the Community in which they live.
- Support the seldom heard to engage in Community Life and access Services.
- To Develop and Support collaborative working

The Event was attended by twenty-one NLC Partners who provided information and follow-up appointments to the 70 + residents who attended.

Impact Statements from Partners

'This was an invaluable event to attend and has helped with registering clients.'

Networking with the other partners was a great opportunity and I have increased support now for clients who are already engaging with Routes to Work and able to sign post to these partners for support.

Having an arts and crafts table was a great idea and I could see that the children attending thoroughly enjoyed this.' (RTW)

'A lot of the agencies/organisations that were at the Connecting Coatbridge Event were under the impression that we were not operating any more. This event, the first of it like since the pandemic, allowed us to reconnect with the community ensuring they know our service is still open and serving the women and children in our area.' (Monklands Women's Aid)

'Very beneficial to our organisation to have an opportunity to connect with carers but also a great opportunity to network with other organisations. Great event and we would be keen to attend further events like this.'

I think following COVID these are as important as ever.' (N.L. Carers Together)

'This event was beneficial, hope to get invites to other local events through distribution of Business Cards.' (Financial Inclusion Team)

Impact Statements from Local Residents

'Have lots of information now to think about. Very inspired with the range of services, support, and organisations available in my area. I will follow up on these.'

'Excellent and informative event. Great support for families.'

'Very helpful event, we have information to share with our families.'

'Totally surprised at the number of free services I can use, and I will be using them'.

'Please, please have more days like this.'

'Very good day, I signed up with Routes to Work who will help me to get a job'

As part of the evaluation for the event partners and residents were asked if they would find it useful to attend similar events in the future. The consensus was yes.

Watch the full video here: <https://youtube.com/watch?v=sotMexFgSm4&feature=share>

Airdrie Cultural event

Airdrie cultural event sponsored by Tunnocks of Uddingston brought together the Airdrie community learning and development team to promote the work of the team to the local community. HomeLink provided bookbug sessions for the younger children, schools staff had various stem workshops to encourage family learning. Youth work staff had a make a bag from a t-shirt activity. Adult Learning provided information on all the courses and groups we have in Airdrie. AALF were there to promote adult learning and speak to people about the benefits of attending the courses. Several people signed up on the day for courses. AALF provided an adult activity which is used in the mental health course related to stress relief, which is adult colouring in, suitable material was provided and enjoyed by all ages. A café was run by the young people who attend the @home centre providing tea, coffee, teacakes, Carmel logs and sandwiches. Airdrie Men's Shed and a craft group also had a stall to promote their groups. This was a well-attended enjoyable event.



The Connect Youth Group Summer Programme

The Connect Youth Group is for young people aged over 16 years old who have arrived in Scotland through the Resettlement programme. Members have come from Syria, Sudan, Ukraine and other countries. The group established during COVID times to support young people from being isolated. The group normally meets every Thursday from 4:30pm to 6:00pm and are currently working on a media project about how they are settling in Scotland. During the summer, 7 young people enjoyed an outdoor focused summer programme. They practiced their navigation skills, learned to work as a team and sharpened up their camp craft skills. Ibrahim said, 'I love coming to the group and I'm enjoying making new friends and learning new skills.'



Most of the group signed up to do their Duke of Edinburgh's awards. They have been working on their skills, physical and volunteering sections during the summer too. They have plans to further work on their team working skills in September and planned their final expedition in October.

Successful Welcome Hub Event for Ukrainian New Arrivals in North Lanarkshire

On 26th July 2022, the Adult Learning and Resettlement Team (Community Learning and Development) organised a partners' event for the newly arrived Ukrainian families and their hosts. There were 11 partnership organisations from across North Lanarkshire present and 33 hosts and Ukrainian families attended the event in Chapelside Community Centre.

Partners from NHS, Social Work, Housing, Skills Development, VANL, Fresh Start, Social Security, Financial Inclusion Team and Job Centre shared practical information with the Ukrainian families. There was a wide range of subjects covered including education, jobs and employment, housing, and benefits. The focus of the event was to support the Ukrainians to settle their lives in North Lanarkshire.

This is the 3rd successful Welcome Hub event organised by the Adult Learning and Resettlement team. Future events are planned to take place on a regular basis. These events are set up to meet the needs of the hosts and the Ukrainian families through the Government's Homes for Ukrainian programme.

To find out more information about the Homes for Ukraine programme or future Welcome Hub events, please contact: ResettlementService@northlan.gov.uk

Motherwell Adult Learning Programme



During the summer period, Motherwell Adult Learning Team provided a 4-week programme of summer health walks and Digital Drop-In sessions.

These activities were offered to both existing learners and people new to the service.

Many learners live alone and over the summer period, without the usual programme of CLD and other service provider activities, can experience social isolation with a resultant deterioration in mental health. The adult learning team chose to offer weekly health walks as a way to maintain structure in learners' lives and facilitate

the opportunity to meet with staff and other learners while enjoying the physical and mental benefits of some gentle exercise. The health walks were facilitated by a CLD worker and Support Worker.

Group members had varying levels of fitness and mobility – this presented a challenge in identifying a suitable walk location and route. To meet this challenge, it was decided to locate the walks at Strathclyde Park, which has both flat and hilly walking routes. The team also allocated 2 members of health walk leader trained staff to provide the choice of 2 levels of walk – shorter and longer. The group would start off together and then diverge so that all learners could enjoy a walk at an appropriate level.

Digital Drop-in sessions were also piloted this year, where learners could access the community IT suite and staff/volunteer support with digital devices. Some learners report losing skills and knowledge over the 2-month summer break, undoing progress gained over the previous months. Other learners are dependent on CLD community facilities and support to access digital devices. By providing a weekly drop-in session at Pat Cullinan IT Suite, existing learners were able to maintain their digital skills and knowledge in a supportive environment. Learners with limited access to internet etc were able to access digital facilities and use printers etc with support from staff if needed. Learners were also able to gain new skills, such as using iPlayer confidently and request email passwords resets. The sessions were staffed by a CLD worker and a peer support learner.

Feedback from learners for both programmes of activity has been positive. The learners participating in the health walks reported that they now walked for longer when out walking in their own time and that they had seen improvements to their mental health, such as feeling less irritated and less anxious, in addition to reduced social isolation levels. Participants also felt that they were taking more time for themselves and eating more regularly since taking part in the walks. All participants commented on the value of walking with others and cited having no-one to walk with as a significant barrier to walking more regularly.

Participants in the digital drop-in sessions reported that they had enjoyed maintaining their digital skills and confidence levels up during the summer, in addition to being able to access support in using their own devices. One learner was able to renew his NEC bus pass (an essential part of his everyday life) online with the help of staff. Again, learners highlighted the value and importance of the chance to meet with others and participate in a group over the summer.

Learner quotes:

"Coming along to the Digital Drop in has helped my confidence and kept up my skills"

"The best thing about the health walks was the company – meeting other people, getting a blether. It's hard when you live yourself"

Key lessons we can take from the summer programme are the importance to learners of continuing to come together to meet with others out with "term time" – CLD activities represent an important element in the social health of some learners. Summer can be a great chance to bring different groups of learners together to widen social networks and vary experience.

Going forward, we will build on the health walk group established over the summer and hope to introduce wider health awareness and learning into those sessions. We will also look to widen the scope of digital skills within IT provision, to include more support with using smartphones as this was an issue highlighted by learners.

Summer Report North

ESOL

Summer provision began on a high with the celebration of Refugee Week in June 2022. The community celebrated resettled refugees reaching the completion of their 5 years in Scotland and marked this occasion with the 'New Lives' book produced by NL Culture Collective.

The team welcomed many new learners from the Ukraine and in response adapted the Summer programme to provide additional ESOL classes, employability workshops and an International Women's Group which offered the chance to meet with new friends in the local neighbourhood and learn about each other's skills, culture and practise English.



The International Women's Group focused on 5 Ways Well to encourage learners to explore ways of keeping themselves well and to enjoy learning new skills in a safe, friendly atmosphere. Iryna enjoyed the Arts & Craft session and shared her artistic talents with us all.

Employability Workshops were included in the Summer Programme to support the new learners that arrived who were keen to find employment as quickly as possible. The process of finding employment in the UK can be very different from other countries and this is often a steep learning curve for ESOL learners. Adapting to our style of CV, providing cover letters, the importance of references and gaining equivalency for qualifications and previous experience are all obstacles that need to be tackled and all this needs to be done in English!!

One of the success stories from the Summer was Noelia. Noelia is from Spain and has been attending ESOL for the past year. Noelia is a qualified podiatrist but has been working in McDonald's as she worked towards building her English and confidence. Noelia worked with our dedicated volunteers to apply for suitable NHS jobs and then role-played job interviews in preparation for her interviews. Everyone was pleased to hear that she had finally succeeded and has now started in her new job.

Family Learning and Parenting

Wishaw and Shotts Family Learning Summer Programme



It's been a bit of a different year for the Wishaw and Shotts Family Learning Summer programme. Why is this? Well, one of the success stories must be the introduction of the free Under 22's Bus Travel passes. Due to the ongoing continuing advertising and information from CLD many families have taken the opportunity to use these bus travel passes to access attractions further afield rather than community events and programmes happening locally. Saving on the cost of travel has enabled parents to have extra money for admission to museums or better still to look for free attractions such as Glasgow Transport Museum and Kelvingrove Art Galleries. One parent commented "it's amazing - before I would have to budget wisely but this year this saving has enabled my family to visit the People's Palace, a trip to Ayr and our big trip was the Science Centre. Having no travel costs, apart from my adult fare, we used the money to pay for our admission to the Science Centre". Many families have commented on how they have welcomed this Scottish Government and Transport Scotland's concessionary travel.

Although it was the summer, most of the work for the Family Learning CLD Workers still continued within the Wishaw and Shotts. Families still engaged in learning programmes as parents do not get a summer holiday away from being a parent. Programmes such as Solihull Understanding Your Child, Sleep Scotland, Baby Massage and LIAM still continued over the summer providing learning and containment opportunities to the families in the Wishaw and Shotts localities.

Over the summer CLD HomeLink Worker Jen Dawson, provided baby massage in the NCT Centre, Newmains which gave new mums the opportunity to learn about the benefits of massage and how it can provide a special bonding experience between baby and the parent/carer. As well as this, it provides having physical, emotional, and cognitive benefits for the baby. The group also gave the mums a chance for peer and social learning with many laughs, tears, and experiential advice.

Families from the Family Learning Centres of Wishaw, Innerleithen and Shotts engaged in family learning picnics throughout the summer. They met in the local parks and enjoyed a fun day of meeting friends and playing at the park. Jen Dawson provided additional play equipment, games, and activities for the families to participate in, with families commenting on “having a great day”, “gave the children time to meet their friends” and “the games were fun”.

As well as continuing with her usual family learning activities, CLD Schools Worker, Gillian provided Summer Transition programmes for children starting Primary 1. Gillian’s “Getting Ready for School” programmes included outdoor learning experiences such as den building, bug catching, making bird feeders and playing with bubbles. The indoor learning enabled the children to familiarise themselves with their schools and involved scavenger hunts, cutting, painting, drawing and playing games. The children were becoming more excited about starting school after having so much fun in the “Getting Ready for School” programme. Through the “Getting Ready for School” parents learned about how they can support their children’s numeracy, literacy and emotional health and wellbeing in preparation for starting school and were keen to engaging in CLD Schools programmes once the new school term begins.

CLD Schools Worker, Lesley McSherry continued to provide ongoing programmes for the families in the Wishaw locality and took indoor learning outdoors with her Belhaven Park Attack programme. Families were invited on the first day to participate in a numeracy and literacy outdoor scavenger hunt to collect natural materials to make pictures. This was popular with other children and families attending Belhaven Park on this day as it gave them an incentive to use the space in a different way rather than just playing in the swing park. On other days at Belhaven Park Attack the families’ gathered leaves for leaf printing, made bug hotels and caught bugs this helped some of the children to overcome their fears of beasties and spiders. The last day of the programme ended on a wet note as the outdoor stone painting session luckily just finished as the rain started.

A few of the CLD Wishaw and Shotts Family Learning Team families enjoyed a day trip to the Glasgow Science Centre. This was a joint trip planned with the Wishaw and Shotts CLD Youth Work Team and the Family Learning team where families and young people had a fantastic time enhancing their learning and knowledge using the interactive exhibits in the Science Mall and Planetarium. The children, young people and adults had a great day as the Science Centre is jam packed full of science activities for children of all ages.

CLD Schools North Locality

Activities

There was a diverse range of activities offered by the CLD schools’ team in the North Locality. Families were brought together for activities engaging with nature and the outdoors, trips and play sessions. Individual family support was also provided, supporting families with issues including financial, parenting and well-being. The activities were provided by the CLD Workers (Schools), Lesley and Val, and Support Worker, Erin.

The summer activities were offered to families already receiving support from the Family Learning team. Families were highlighted due to:

- Parental and/or child mental health and well-being issues especially anxiety.
- If the family would face isolation and challenges over the summer.

The activities were aimed at addressing these needs by improving parental and child well-being and parent/child attachment. Many parents and children had increased anxiety taking part in group activities, so we supported families to engage in activities together.

- 31 families took part in the support offered.

Community Learning and Development Summer Report 2022

- In total 96 people benefitted from the support and activities: 41 adults and 55 children
- 15 sessions were offered
 - 4 nature/outdoor focussed sessions
 - 4 ASN canal barge trips
 - 1 play session
 - 2 trips to ASN venue Linn Park Adventure Playground (including stopover at Tollcross Children's Farm)
 - 4 other trips to: Almond Valley Heritage Centre; Science Centre and 5 Sisters Zoo

Evaluations

Parents were sent a link to a Microsoft form for feedback on the summer activities.

77% of parents completed the feedback form and the feedback they provided shows that the support provided achieved their outcomes.

Overall Rating

The summer activities scored an overall rating of 4.8 out of 5 stars.

Importance of CL&D support

Support from the workers was very highly rated.

How well did staff support you and your family to take part in the sessions? Rating of 4.84 out of 5 stars

Outcome Indicators

Every parent highlighted improvement in at least one of the indicators with a 60% of the parents highlighting 3 or more indicators.

90% of families benefitted from doing activities together and 55% have increased the number of activities that they do as a family at home.

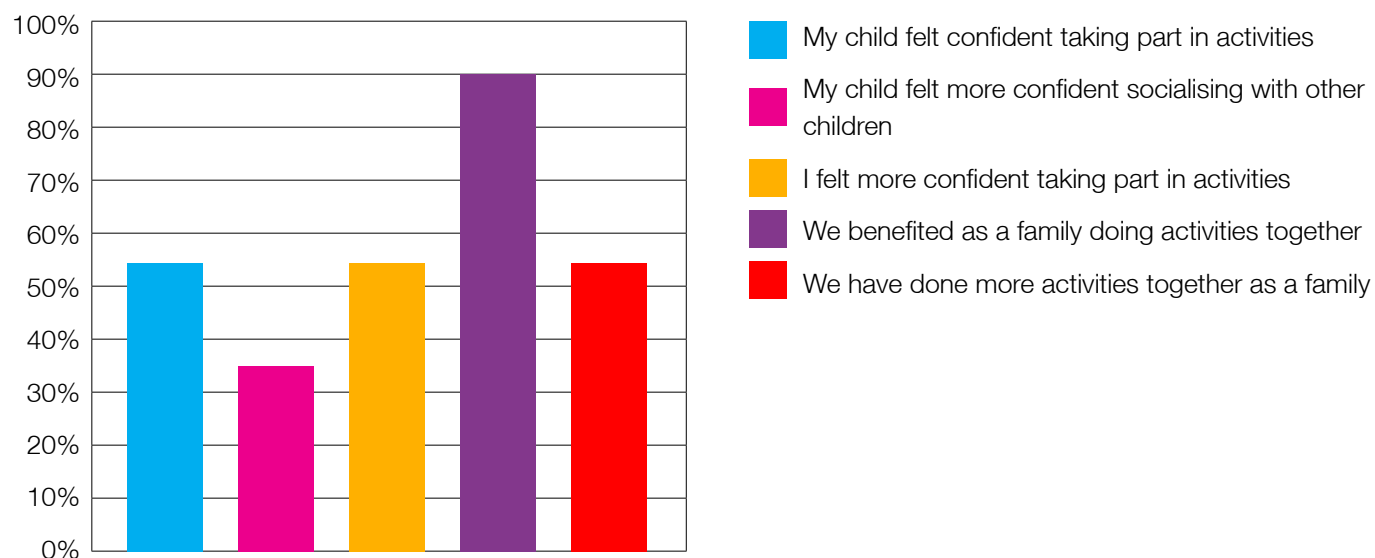
75% of families saw an improvement in their mental health: 60% saw their child's wellbeing improve through developing confidence to engage in activities and to socialise. 55% of parents saw their own mental health improve.

Additional impact

In addition to the outcomes above, families have shared a number of additional ways in which the support we provided over summer has helped their family .

- First time on a bus – mum gained the confidence to take her children on a bus
- Building independence – many parents were surprised by how well their child engaged and were able to do and achieve a lot more than they had thought them capable of.
- Discovering new venues – many of the families highlighted how they will return to the venues we visited including taking out a yearly pass to one of the venues.
- Community engagement – the trips to Linn Park Adventure Playground highlighted to the parents the lack of similar venue in their area and they are now looking to attend the local community boards meeting to raise the issue and campaign for participatory budget funding.

Outdoor Indicators



Participants comments showing impact

Felt getting to speak to other families helped. Also doing more activities with family not over stressful as no one judges of kids have melt down or miss behave.

Loved the support that was given at sessions and also how many lifelong friends I have made from these sessions.

The sessions were excellent and well planned/organised. They were incredibly beneficial to our family in keeping our children active and engaged during the summer period.

These sessions are fantastic. My boys both thoroughly enjoyed the experience, and it has been a big benefit to my eldest who sometimes is impacted by anxiety. His confidence is definitely growing, and it was great to see him interacting more with other children as the sessions went on. Lovely that the whole family can be involved

We always feel really well supported on trips/days out with Val and Lesley. My children get to experience things they wouldn't otherwise, and it helps their confidence/social skills, and it helps me as a parent as it's things we wouldn't otherwise do.

I enjoyed the trips with my son as it gave us binding time just me and him as I don't get a lot of spare time just the 2 of us so it was a great experience the days just me and him.

We can't go on normal days out as we don't have the support as my little girl is getting worse, so these are a life saver for us, thanks so much.

The trips were amazing everything was perfect the stuff was very kind helpful and made us well informed about the plan and the visited place. We felt very secure under their supervision.

Bellshill Summer Family Learning Programme 2022



The Bellshill Family Learning team aimed to deliver provision to suit the specific families they work with who in most cases have been referred to the team through outside agencies such as Health or Education. The team chose to deliver a weekly session over a four-week period that suited children from 0 – 16 and including a joint partnership trip to Largs, coordinated with the Youth Work CLD team. Other sessions took place in the central Bellshill and Viewpark areas with the option of all families to come to the venue that suited them most. The Bellshill Summer Programme ran alongside some of the other targeted work that the team delivered over the summer period.

It was important for the Family Learning Team to provide good quality sessions with something that suited family's needs as well as alternative activities. A one hour of Relax Kids was offered on two sessions as there had previously been excellent feedback received by staff in response to the Relax Kids course. The course suited many of the needs of participating families such as tackling anxiety and encouraging play. Following on from this feedback, it was decided that the Summer Programme would include a session in Bellshill and one in Viewpark. Community Arts Workers worked in partnership with the CLD Team to offer a music session which gave families the chance to be creative and experiment with musical instruments. This was enjoyed by all of those who took part and was something new that hasn't been included during previous summers. CLD offered families the chance to take part in arts and crafts activities, outdoor games such as the giant Jenga and Connect Four and a scavenger hunt. A snack was also offered each session provided by Lanarkshire Food and Health Partnership.

A trip to Largs, organised in partnership with the CLD Youth Work team in Bellshill, allowed families the opportunity to travel somewhere that wouldn't typically be possible for many of them. The families and young people travelled by bus to Largs and were also provided with a snack on the day. Families who attended were a great support to one another, with most of them enjoying the day in small groups and linking in with other families most of whom didn't know each other before the summer. Older children enjoyed helping the younger ones and getting to know each other too.

The feedback for the programme was very positive and the trip in particular was a big hit with the families, many of them commented that it was a chance for them to go somewhere different and spend a day outside.

"It was really good to get the chance to go a bus trip with other families as it was something we have never done as a family. We were able to explore Largs and it was just a good old fashioned family day trip."

The longer-term impact of our summer programme is strengthening relationships with families and keeping those links that families have with each other. It would be easy for many of them to become isolated over the summer period, so these links are key. It also allows the team to continue the support that they provide families as this typically once schools and nurseries shut over Summer.

Coatbridge Family Learning Team Summer Programme



The Coatbridge Family Learning Team provided a range of opportunities for families over the summer including, music sessions, forest walks, three parks challenge and a trip to Five Sisters Zoo. In addition to this, and in response to consultation and partnership with local primary schools, primary one transition family learning sessions were delivered over the summer holiday period.

The nursery to school transition programmes were planned and delivered to offer families an opportunity to engage in a variety of pre-school learning activities together. The activities focused on early writing skills, pencil control activities, numeracy play, gross motor and fine motor skills and the benefits of outdoor play. Parents/carers and children were provided with a wide range of learning opportunities each week, with a particular focus on activities that can be done in the home using everyday items such as pegs, pasta, socks and cups.

Based on feedback from previous work with nursery / transition children, a forest walk session was organised for one nursery to primary school transition group. Families in attendance enjoyed parts of the Julia Donaldson story, 'The Stick Man'. Children added their own story elements along with story themed activities. This session was appreciated by one family in particular, as the child was joining the primary school from another nursery, so the opportunity to meet new classmates was recognised as being helpful.

Through family learning methods, parents and carers engaged in the learning opportunities with the children and commented that the programme gave them ideas on how to support children's learning at home. Some of the comments from the programme evaluation:

"The sessions gave me ideas for learning at home".

"Brilliant activities for learning".

"It has made me see what my child will be doing in school".

"I found the activities really useful for my child's pencil skills and counting".

The programme was delivered in partnership with local primary schools and CLD staff used the opportunity during term time to engage with families and extend the transition over the summer. Families recognised the value of attending the weekly sessions:

"The programme has made my child more familiar with the school before she starts".

"It's been good as it has let my son feel more confident coming into school and makes me feel better about him starting".

Members of the team have also supported transition from mainstream school to ASN provision. This included a session being offered during the summer holidays children to re-connect with others prior to returning to school. This took place within the school and made use of a nearby park.

The P1 Transition Programme has given families the opportunity to engage in learning activities together which in turn has also led to:

- Parents/carers understanding the benefits of engaging with children to promote their child's learning
- Provided ideas and resources for supporting learning at home
- Helping parents and children become more confident entering the school environment when school begins and breaking down barriers for some.
- Build relationships with CLD staff who can offer further family learning, parenting or adult learning opportunities.
- Continue to build on positive partnerships between CLD and Schools.

Motherwell Locality Family Learning team



The Motherwell Locality Family Learning Team (CLD Workers Schools and HomeLink) carried out a variety of activities during the Summer 2022. These included 1:1 home visits, transition programmes and a Family Learning Programme.

The Summer Programme was targeted specifically for vulnerable families from the Motherwell Locality who had been referred into the service from various partnership agencies. It consisted of three sessions taking place over three weeks. The sessions were: Indoor STEM session; Outdoor STEM and Exploration Session; and a family Learning trip to Summerlee Heritage Park.

STEM Session – 14 July 2022

The aims of the session were:

1. To engage families in Family Learning
2. To provide an opportunity for Families to take part in and explore STEM activities.

In order to help facilitate these aims, resources were borrowed from the Glasgow Science Centre. In addition, activities were produced by CLD staff. Furthermore, an Activity and Information Pack was issued to each family to encourage further exploration at home.

The families enjoyed two hours of exploring and taking part in a variety of activities and experiments.

Outcomes

This session was very successful with eighteen families taking part and all these families agreed to attend the following session.

Evaluation

A simple evaluation form was given to each family with all evaluations being returned to staff. The responses were all positive and confirmed that the aims of the session were met.



Feedback

Parent A

Parent A is a single mother with a child with Additional Support Needs. She struggles to go out alone with her child and was referred to CLD as a result of this. The feedback provided was:

'This was amazing' she said. Her child responded by saying *'Best Day Ever'*. They agreed that they had *'learned loads'* and had *'amazing (messy) fun'*.

Feedback from other families included:

'Loved it'

'I can't believe that the orange floats with its jacket on'

'so much better than I expected'

'I'm doing to do this again at home'

'I'm amazed that he was able to do that'

'I feel so happy now'.



Airdrie Family Learning and Parental Engagement

A Whole Family Learning Team approach to the Summer.

Drums! Drama! And Digital !!! ... Creativity in action as the Airdrie families get active and creative with CLD *“seeing my child’s amazing concentration!”*

“The past couple of weeks have been amazing we have learned to communicate better together”

To continue supporting our families over the summer weeks the Airdrie Locality Family Learning Team’s aim with these programmes were to include containment, safe spaces, nurture as well as new learning opportunities that all the members of the family could participate in. There was a compendium of opportunities for families to engage with the CLD service and each other. These included creative workshops and active learning which in turn provided a positive learning environment for all involved.

All families invited to take part in the Airdrie 2022 Summer Programme were those who had participated in CLD programmes throughout the school year. The opportunity was also offered families who were new to the service and those beginning to engage in learning opportunities and programmes with the Family Learning Team.

The ASN families who already engage with the Family Learning Team were integrated within the summer programme, they were supported by providing a nurture area within the venue during delivery. Working in partnership, both the CLD Schools Workers and Homelink team supported families who have children from birth to primary seven.

Throughout the summer Airdrie families were offered the opportunity to engage in a CLD approach to family learning and parental engagement. Each week there was a focus on health and wellbeing and the Solihull approach. This approach allowed the parents a safe, supportive, and nurturing space to practice these reciprocal approaches.

In partnership with other agencies and services our programme began....

Drums!!! The ‘Reeltime’ music charity supported our families and encouraged all the family members to join in drums, piano, singing and loads more.

Drama!!! In partnership with our colleagues at Active & Creative Dept, our activity specialist encouraged physical expression and dance for the whole family.



Digital!!! Animation using Lego and opportunities to be creative on the computers offered a new experience of being creative for the families.

Action!!! CLD led outdoor sports and games each week ensuring parent and child felt supported to join in new games and play sessions together as a whole family group.

“I feel really included before I started going to the Homelink programme I wouldn’t leave the house for any play or fun times, now My child is so settled and taking the lead in wanting to return”

Encouraging parents to feel able to join the physical games and play was a challenge the Family Learning Team relished, and through patience and persistence great achievements were made by engaging parents over the summer. Parents pushed themselves both physically and emotionally to join in activities, that in the past they may have felt anxious or worried about being part of. Some parents were not sure of their physical abilities, but they overcame these barriers, and this resulted in many happy summer memories being made. Mums, playing in goals, dads batting the ball at rounders and parents and children together throwing the javelin at the 'sports day' event are just some of the learning and engagement in sports they all enjoyed.

Blair Drummond Safari Park

The finale of our programme was a day trip to the Safari Park. This was viewed as a celebration of the hard work and learning the families had participated in throughout the summer.

The impact for families who have participated in this continued CLD support has resulted in positive relationships being sustained and strengthened bonds within families. Through adopting a whole family approach, families were afforded the opportunity to share positive experiences together during the cost-of-living crisis.

Parents have expressed a more positive outlook for next terms learning and support programmes.

A key lesson is to make provision in planning to include a variety of physical activities that stretch the learning experiences of parents and child.

"This has been the best day of my life" Caleb age 9

"I am surprised at how well he has come on and how confident he has become taking part in the activities !" Age 10



Produced by
NORTH LANARKSHIRE COUNCIL
Community Learning and Development Section
e. CLD@northlan.gov.uk

NORTHLANARKSHIRE.GOV.UK

**This document can be made available
in a range of languages and formats,
including large print, braille, audio,
electronic and accessible formats.**

To make a request, please contact
Corporate Communications at:
corporatecommunications@northlan.gov.uk