

High School Menu – V4 August 2025

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil Soup (ve)	Chicken and Rice Soup	Lentil Soup (ve)	Hearty Vegetable Soup (ve)	Lentil Soup (ve)
OPTION 1 <u>Hot</u>	Cheeseburger in a Bun served with diced potatoes, and vegetable sticks	Southern Chicken Goujons Wrap served with cajun slaw	Chicken Curry Served with rice, sweetcorn, peas and wholemeal pitta	Fish and Chips served with peas and coleslaw	Chicken and Pepper Pizza served tomato pasta, vegetable sticks & BBQ dip
OPTION 2 <u>Hot</u>	Tomato and Pepper Pasta served with crusty bread and cheese pot (v)	Macaroni Cheese served with peas, sweetcorn and crusty bread (v)	Quorn Vegan Burger Served on a brioche bun with salad & broccoli (v)	Quorn Vegan Dippers served with chips, peas and coleslaw (v)	Baked Potato served with tuna mayonnaise or cheese (v) and vegetable sticks
OPTION 3 <u>Hot Deli of the day</u>	Cheese, Ham and Tomato Panini	Tuna Melt Panini	Cheese, Tomato and Red Onion Toastie	Chicken Tikka Wrap	Rollover Hotdog
OPTION 4 <u>Sandwich choice</u>	Chicken Tikka Chicken Salad Cheese (v)	Turkey and Spring Onion Cheese Savoury (v)	Sweet Chilli Chicken Wrap Tuna & Sweetcorn Cheese (v)	Chicken Tuna Mayo Cheese Salad (v)	Coronation Chicken Wrap Cheese and Tomato (v)

Week 1 Commencing: 11 August, 1 September, 22 September, 13 October, 3 November, 24 November, 15 December 2025, 5 January, 26 January, 16 February, 9 March, 30 March, 20 April, 11 May, 1 June, 22 June 2026

Meal Deal:

All dishes are served with mixed salad, piece of fruit, choice of home baking and a bottle of water
Option 3 and 4 also served with soup




Fresh & Balanced Choices - Vegetarian (v) and Vegan (ve)




All menus have been developed in accordance with the Food & Drink in Schools (Scotland) Regulations 2020

High School Menu – V4 August 2025


Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil Soup (ve)	Chicken Noodle Soup	Lentil Soup (ve)	Hearty Vegetable Soup (ve)	Lentil Soup (ve)
OPTION 1 <u>Hot</u>	Chicken Pasta Bake served with broccoli and crusty bread	Beef Chilli served with rice, green beans and crusty bread	Roast Chicken in Gravy served with Yorkshire puddings, new potatoes, carrots and green beans	Fish and Chips served with peas and coleslaw	Loaded Potatoes with Chicken topped with crispy tortilla wrap and served with coleslaw
OPTION 2 <u>Hot</u>	Vegetable Pakora Served with a cajun slaw on a chapati (v)	Spicy Pizza served tomato & pepper pasta with green beans (v)	Arrabbiata pasta served with green beans, crusty bread and cheese pot (v)	Vegetable chilli served with spinach rice, and wholemeal pitta (v)	Loaded potatoes with quorn topped with crispy tortilla wrap and served with coleslaw (v)
OPTION 3 <u>Hot Deli of the day</u>	Fish burger (bubble fish) served on a brioche bun with coleslaw	Veggie meatball sub (v)	Tuna and red onion panini	BBQ chicken wrap	Rollover hotdog
OPTION 4 <u>Sandwich Choice</u>	Tuna and cucumber Chicken salad Cheese savoury (v)	Chicken tikka Cheese and tomato (v) Cheese and onion (v)	Egg mayo (v) Turkey Cheese salad (v)	Chicken mayo Tuna mayo Cheese (v)	BBQ chicken Cheese (v)
Week 2 Commencing: 18 August, 8 September, 29 September, 20 October, 10 November, 1 December, 22 December 2025, 12 January, 2 February, 23 February, 16 March, 6 April, 27 April, 18 May, 8 June 2026					
Meal Deal: All dishes are served with mixed salad, piece of fruit and choice of home baking Option 3 and 4 also served with a bottle of water					


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High School Menu – V4 August 2025

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil soup (ve)	Hearty vegetable soup (ve)	Lentil soup (ve)	Chicken and rice soup	Lentil soup (ve)
OPTION 1 <u>Hot</u>	Spanish chicken Served with rice and broccoli	Beef bolognese pasta served with green beans, crusty bread and cheese pot	Chicken curry Served with rice sweetcorn, peas and wholemeal pitta	Steak pie served with mashed potatoes, broccoli and carrots	Sweet chilli chicken and savoury rice wrap served with spicy onions
OPTION 2 <u>Hot</u>	Chicken sausage with gravy served with mashed potato, broccoli and carrots	Quorn Vegan Dippers Served with sweet potato wedges and green beans (ve)	Meatball sub filled with veggie meatballs in a rich tomato sauce and sweetcorn (v)	Fish and chips served with peas and coleslaw or Vegan dippers and chips served with peas and coleslaw (ve)	Sweet chilli quorn and savoury rice wrap served with spicy onions (v)
OPTION 3 <u>Hot Deli Choice</u>	Cheese and tomato panini (v)	Rollover hotdog	French bread pizza with cheese, red onion and mixed peppers (v)	Cheese and pepperoni panini	Rollover hotdog
OPTION 4 <u>Sandwich Choice</u>	Egg mayo (v) Chicken Cheese salad (v)	Ham and cheese Tuna and sweetcorn Garlic chicken Cheese (v)	Chicken tikka Tuna mayo Cheese (v)	Ham salad Turkey and coleslaw Cheese and tomato (v)	Chicken mayo Cheese (v)
Week 3 Commencing: 25 August, 15 September, 6 October, 27 October, 17 November, 8 December, 29 December 2025, 19 January, 9 February, 2 March, 23 March, 13 April, 4 May, 25 May, 15 June 2026					
Meal Deal: All dishes are served with mixed salad, piece of fruit and choice of home baking Option 3 and 4 also served with a bottle of water					

 Fresh & Balanced Choices - Vegetarian (v) and Vegan (ve)

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