

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup (ve)	Chicken and rice	Lentil soup (ve)	Hearty vegetable soup (ve)	Lentil soup (ve)
<b>Hot Meal RED BAND</b>	Cheeseburger in a bun, served with diced potato, vegetable sticks, mixed salad and tomato sauce.	Macaroni cheese served with crusty bread, peas and sweetcorn (v)	Chicken curry and rice served with wholemeal pitta bread, vegetable sticks and mixed salad	Chicken sausage in gravy, served with mashed potatoes, carrots and broccoli	Fish and chips served with peas and mixed salad
<b>Hot Meal Vegetarian (v) / Vegan (ve) Alternative GREEN BAND</b>	Tomato and pepper pasta served with crusty bread, mixed salad and vegetable sticks (ve)	Vegetable burger in a bun served with diced potato, vegetable sticks and mixed salad (ve)	Baked potato with choice of baked beans (ve) or tuna* and sweetcorn, served with vegetable sticks and mixed salad	Margarita pizza served with vegetable sticks and mixed salad (v)	Vegan dippers and chips served with peas and mixed salad (ve)
<b>Deli Choice BLUE BAND</b>	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks	<u>Baked potato</u> Served with baked beans (ve) or tuna mayonnaise, served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of tuna mayonnaise or cheese (v), served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of coronation chicken wrap or tuna and sweetcorn wrap served with soup of the day and vegetable sticks
Dessert	Fruit and yoghurt	Fruit and home baking or yoghurt	Fruit and ice cream or yoghurt	Fruit and home baking or yoghurt	Fruit and yoghurt
<p><b>Week 1 Commencing:</b>  <b>11 August, 1 September, 22 September, 13 October, 3 November, 24 November, 15 December 2025, 5 January, 26 January, 16 February, 9 March, 30 March, 20 April, 11 May, 1 June, 22 June 2026</b></p> <ul style="list-style-type: none"> <li>• All meals are served with milk or water. Red &amp; Green bands served with Soup or Dessert. Blue Band includes dessert.</li> <li>• *Pescatarian</li> </ul> <p><b>All menus have been nutritionally analysed in accordance with the Food &amp; Drink in Schools (Scotland) Regulations 2020</b></p>					

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup (ve)	Chicken noodle soup	Lentil soup (ve)	Hearty vegetable Soup (ve)	Lentil soup (ve)
<b>Hot Meal RED BAND</b>	Chicken pasta bake served with crusty bread, broccoli and mixed salad	Savoury mince served with mashed potato and green beans	*Bubble fish served with diced potato, mixed vegetables and mixed salad	Chicken curry and rice served with a wholemeal pitta bread, vegetable sticks and mixed salad	Fish and chips served with peas and mixed salad
<b>Hot Meal Vegetarian (v) / Vegan (ve) Alternative GREEN BAND</b>	Cheese toastie, served with coleslaw and tomato wedges (v)	Arabiatta pasta served with crusty bread, green beans and mixed salad (ve)	Margarita pizza served with vegetable sticks and mixed salad (v)	Veggie sausage roll served with diced potato, mixed vegetables and beans (ve)	Vegan dippers and chips served with peas and mixed salad (ve)
<b>Deli Choice BLUE BAND</b>	<u>Baked potato</u> Baked beans (ve) or cheese (v) served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of cheese (v) or tuna mayonnaise served with soup of the day and vegetable sticks	<u>Baked potato</u> served with choice of Tuna mayonnaise or cheese (v), served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks
Dessert	Fruit and yoghurt	Fruit and home baking or yoghurt	Fruit and ice cream or yoghurt	Fruit and home baking or yoghurt	Fruit and Yoghurt

**Week 2 Commencing:**

**18 August, 8 September, 29 September, 20 October, 10 November, 1 December, 22 December 2025, 12 January, 2 February, 23 February, 16 March, 6 April, 27 April, 18 May, 8 June 2026**

- All meals are served with milk or water. Red & Green bands served with Soup or Dessert. Blue Band includes dessert.
- \*Salmon

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup (ve)	Hearty vegetable soup (ve)	Lentil soup (ve)	Chicken and rice	Lentil soup (ve)
<b>Hot Meal RED BAND</b>	Spanish chicken served with rice and broccoli	Bolognese pasta served with crusty bread, green beans and vegetable sticks	Chicken curry and rice served with wholemeal pitta bread, sweetcorn and peas	Steak pie served with mashed potatoes, broccoli and carrots	Fish and chips served with peas and mixed salad
<b>Hot Meal Vegetarian (v) / Vegan (ve) Alternative GREEN BAND</b>	Fishless fingers served with mashed potatoes, beans and vegetable sticks (ve)	Baked potato with choice of beans (ve) or cheese (v), mixed salad and vegetable sticks	Veggie meatballs served with Yorkshire puddings, gravy, mashed potatoes, sweetcorn and peas (v)	Tomato pasta served with crusty bread mixed salad and cucumber sticks (ve)	Vegan dippers and chips served with mixed salad and peas (ve)
<b>Deli Choice BLUE BAND</b>	<u>Sandwich</u> Choice of cheese (v) or chicken served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of cheese (v) or chicken served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of ham or cheese (v) served with soup of the day and vegetable sticks	<u>Wrap</u> Chicken goujon wrap or vegan dipper wrap served with soup of the day and vegetable sticks.
Dessert	Fruit and Yoghurt	Fruit and Home Baking or Yoghurt	Fruit and Ice Cream or Yoghurt	Fruit and Home Baking or Yoghurt	Fruit and Yoghurt

**Week 3 Commencing:**  
**25 August, 15 September, 6 October, 27 October, 17 November, 8 December, 29 December 2025, 19 January, 9 February, 2 March, 23 March, 13 April, 4 May, 25 May, 15 June 2026**

**All meals are served with milk or water. Red & Green bands served with Soup or Dessert. Blue Band includes dessert.**

**All menus have been nutritionally analysed in accordance with the Food & Drink in Schools (Scotland) Regulations 2020**